



CONVERGENCES PP

CONVERGENCES IN PELVIPERINEAL PAIN
CONVERGENCES EN DOULEUR PELVI PÉRINÉALE
CONVERGENCES NEL DOLORE PELVICO PERINEALE

Rome

November 10 - 12

2022

ITALY

www.convergencespp.com

CONGRESS PRESIDENT

Mauro Cervigni

CONVERGENCES PP

Eric Bautrant - President

Roger Robert - Scientific Chair

FINAL PROGRAMME



Simultaneous translation



CONVERGENCES PP ADMINISTRATIVE COMMITTEE

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Bredeau Olivier

Cervigni Mauro

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WELCOME MESSAGE FROM CONV PP President



Dear friends,

Our next meeting of the PP Convergences will take place in Rome on November 10-12th. The Annual Congress is always a strong moment, both in terms of science and exchanges. The transversality of our scientific society contributes greatly to it. We will be received by Mauro Cervigni and our Italian friends. I know that they are going to reserve us a more than warm welcome.

Do not hesitate to share your experience on Chronic Pelvic Pain by presenting an abstract. Each of us has his place and his contribution to the building knowledge in CPP.

Come to Rome, because I have the strong intuition that this congress will be important for its scientific quality and that we will have exceptional moments of friendships and conviviality.

Also come to Rome for the charm and exceptional history of this wonderful city.

See you in Rome.

President of Convergences PP

Eric Baurant



Dear friends and colleagues,

It is with great pleasure and honour that I welcome you to participate in this annual meeting of Convergences PP. It is the first time that an international meeting completely dedicated to Chronic Pelvic Pain (CPP) takes place in Italy and in particular in Rome. The cost of this pathology represents an important burden for welfare, if we consider that in the USA more than 65 billion dollars are spent annually, however, this corresponds to a number of specialists extremely unbalanced in number and competence.

The Convergences Society was born precisely with the aim of creating a place of exchange between experts on this multifactorial and multiorgan pathology, with an educational activity to spread the culture in this area.

The congress to be held this year in Rome will host a Faculty composed of specialists and Opinion Leaders from both Italy and various countries around the world and ample space will be given to debate and interactive discussions. The program will offer an update on the most controversial and most current scientific topics with an eminently educational aspect.

The participants in the congress will receive an important contribution to their cultural background that will account for this commitment. The Lateran University where the Congress will take place located in the center of Rome near the Colosseum will offer the right setting. We look forward to your coming.

CONVPP 2022 Congress Chair

Mauro Cervigni



SCIENTIFIC PROGRAMME

Day 1 - Thursday November 10th

08.15-09.00 Registration

09.00-11.00 **CME Sessions - Debate & interactive voting**

Session 1: Clinical Evaluation of a patient with CPP

A. Biroli, A. Levesque, L. Quintas

Session 2: Main diagnosis in CPP (uro-genital): PN, BPS, PVD, endometriosis and uterine pain syndrome, coccygodynia, myo-fascial, pelvic-perineal neuropathies

M. Cervigni, O. Bredeau, E. Baurtant

Session 3: Drugs Treatment in CPP. Analgesics, anticonvulsants and antidepressants management

S. Natoli, T. Riant

Session 4: Infiltrations in diagnostic and treatments in CPP

M. Baciarello, C. Levêque, I. Montes

11.00 - 11.30 Coffee break

11.30-13.00 **URGO FOUNDATION SYMPOSIUM**

Pelvic Pain & Endometriosis: new paradigms and therapeutics consequences

Chair: E. Baurtant

Objectives: to analyze pain situations associated with endometriosis, approach pathophysiological mechanisms, set practical attitudes and therapeutics. In order to publish recommendations, for all health professionals, involved with pain and endometriosis.

11.30-11.45	Severe Dysmenorrhea and comorbidities in endometriosis: How to diagnose and treat	E. Baurtant
11.45-12.00	Chronic Pelvic Pain and Endometriosis: how to understand and treat	A. Levesque
12.00-12.15	Surgery in endometriosis: When and how to indicate surgery in pain situation	M. Malzoni
12.15-12.30	IBS and endometriosis: how to diagnose and treat	M. Beer Gabel
12.30-12.45	Urinary dysfunctions and endometriosis: how to diagnose and treat	M. Cervigni
12.45-13.00	Round table. Preparation to the recommendations	

13.00-14.15 Break

14.15-14.30 **CONGRESS WELCOME & INTRODUCTION**

Introduction: M. Cervigni, E. Baurtant

14.30-16.30 **Session 1: Pelvic Central Sensitization / Autonomic dysfunctions in CPP**

President: F Nicoletti - Chair: A. Levesque

14.30-15.00	Centers of the sensitization: anatomy of the sensory cortical homunculus distribution and physiological applications	R. Robert
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- 15.00-15.20 Pathophysiology of Central sensitization in CPP S. Natoli
- 15.20-15.40 Neuronal plasticity: epigenetic inputs and therapeutics applications F. Nicoletti
- 15.40-16.00 Pelvic pain and autonomic dysreflexia G. Del Popolo
- 16.00-16.30 Discussion
- 16.30-17.00** Coffee break
- 17.00-18.30 Session 2: Sexual dysfunctions in CPP**
- President: A. Carbone
 Chair: R. Bollens
- 17.00-17.20 Pain and Gender and age P. Sansone
- 17.20-17.40 Post coital Pain A. Fuschi
- 17.40-18.00 Penile pain after andrological surgery C. Ceruti
- 18.00-18.20 Persistent Genital Arousal Disorder (PGAD) E. Baurant
- 18.20-18.30 Discussion
- 18.30-19.30 Podium Session 1**
- President: R. Robert
 Chair: E. Joyeux
- Presentations will be lasting 6 minutes overall (5-minute presentation & 1-minute discussion)*
- 1 OP** Educative video concerning the clinical exam for women suffering of chronic pelvic pain
Faller Emilie
- 2 OP** Pudendal neurolysis by laparoscopy
Faller Emilie, Pelissie Mathilde, Lecointre Lise, Boisrame Thomas, Akladios Cherif
- 3 OP** Interest of the collaboration between the rehabilitation physician and the algologist on the effectiveness of the management of the chronic lombo pelvi perineal syndrome
Freydier Marine, Arcagni Pierre, Baude Christian, Barmaki Mario, Duraffourg Manon, Volckmann Pierre
- 4 OP** Abscessualization of rectovaginal endometrioma: a case report
Melocchi Tomaso, Cola Alice, Frigerio Matteo, Barba Marta, Marino Giuseppe, Volontè Silvia, De Vicari Desirée
- 5 OP** Vulvodynia risk factors: a single centre experience
Bosio Sara, Ruisi Simona, Marra Chiara, Manodoro Stefano
- 6 OP** Pharmacological and non-pharmacological treatments of vulvodynia
Ruisi Simona, Bosio Sara, Manodoro Stefano, Marra Chiara
- 7 OP** Prevalence of myofascial pain among women with endometriosis and chronic pelvic pain. Our experience
Fernández Lizana Guillermo, Bolívar de Miguel Ana Belén, Díaz Álvarez Álvaro, Álvarez Conejo Carmen, Muñoz Hernando Leticia, Canales Castro Candela, López Marín Laura, Ciáurriz Gortari Marta, Lorenzo Hernando Estela



- 8 OP** Effect of mindfulness meditation on the management of pain in childbirth in the care of pregnant women in perinatal physiotherapy
Marcolini Arianna, Balestra Costantino, Barnavol Aurélie, Hollaert Nadine, Oosterlinck Corinne
- 9 OP** Efficacy of capacitive resistive monopolar radiofrequency in the physiotherapeutic treatment of chronic pelvic pain syndrome: A randomized controlled trial
Carralero Martinez Andrea, Ramirez Garcia Ines, Kauffmann Stephanie, Blanco Ratto Laia
- 10 OP** Effectiveness of neuromodulator centered therapy for vulvodynia
Laura López-Marín, Álvaro Díez, Ana Bolívar, Gonzalo Pulido, Carmen Álvarez, Leticia Muñoz Hernando, Guillermo Fernández Lizana, Marta Ciauriz, Estela Lorenzo
- 21.00** CONVPP Dinner

Day 2 - Friday November 11th

**09.00-10.30 CME Session| Session 3: Neuropathic Pain in CPP
 Diagnostic and treatment**

President: F. Micheli

Chair: G. Amarenco

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|-------------|---|-------------|
| 09.00-09.20 | Sacral radiculopathy vs troncular neuropathy in CPP | G. Amarenco |
| 09.20-09.40 | Convergences PP recommendations in PNE: Guidelines | A. Levesque |
| 09.40-10.00 | Therapeutical infiltrations, Radiofrequency | F. Micheli |
| 10.00-10.20 | Rehab, TENS and BT injections in PN | A. Borobia |
| 10.20-10.30 | Discussion | |

10.30- 11.00 Coffee break

11.00-13.30 CME Session| Session 4. Surgical Therapeutics for pudendal neuropathic pain

President: R. Robert

Chairs: R. Usandizaga, M. Cervigni

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|-------------|--|----------------|
| 11.00-11.20 | How to choose the good candidate for the pudendal surgery
Pudendal Nerve surgery, experiences in Europe | K. Jottard |
| 11.20-11.40 | Belgium | R. Bollens |
| 11.40-12.00 | France | S. Ploteau |
| 12.00-12.20 | Spain | L. Lopez-Fando |
| 12.20-12.40 | Laparoscopic approach to intrapelvic nerve entrapments and Neuromodulation | N. Lemos |
| 12.40-13.10 | When the surgery failed? Peri-neural catheter and programmable pump | E. Bautrant |
| 13.10-13.30 | Spinal cord neuromodulation | F. Micheli |

13.30 - 14.30 Break



14.30-16.00 Session 5: Posturology and Rehabilitation in CPP

President: G. Lamberti

Chair: C. Aymard

14.30-14.50 Posture in CPP

A. Biroli

14.50-15.10 Ligaments and pelvic floor integral theory

M. Cervigni

15.10-15.30 Convergences PP recommendations in CPP after delivery

G. Valancogne

15.30-15.50 Rectal dyschesia in CPP: how to rehab?

M. Beer Gabel

15.50-16.00 Discussion

16.00-16.30 Coffee break

16.30-18.30 Session 6: Vulvodynia and provoked vestibulodynia

President: E. Baurtant

Chair: M. Serati

16.30-16.50 Taxonomy

C. Marra

16.50-17.10 Guidelines, first line treatment, PT

A. Close

17.10-17.20 MR imaging in patients with vulvodinia

V. Piloni

17.20-18.00 Second line treatments in PVD

J. Bornstein

18.30-19.00 PODIUM SESSION 2

President: I. Montes

Chair: C. Levêque

Presentations will be lasting 6 minutes overall (5-minute presentation & 1-minute discussion)

11 OP Effect of radiofrequency in women with chronic pelvic pain of myofascial origin versus myofascial therapy and no treatment: a randomized clinical trial. Study design and initial findings

Box Carla, Carralero Andrea, Quintas Lara, Ros Cristina, Carmona Francisco

12 OP Evaluation of radiofrequency as a new adjuvant treatment in physiotherapy management of endometriosis related pelvic pain: a pilot observational

Roy Margot, Levêque Christine, Morel Valérie, Planté Anne-Florence

13 OP Scoring by App finally a real tool for measurement and research?

Pascal Blondelle

14 OP Dysautonomia - Practical tool for patients

Maud Meunier

15 OP Photobiomodulation for primary dysmenorrhea - A systematic review

Le Ray Isabelle, Abboud Sara

19.00-19.30 GENERAL ASSEMBLY OF THE CONVERGENCES PP



Day 3 - Saturday November 12th

09.30-10.30 CME Session| Session 7: Traumas and CPP

President: A. Biroli

Chair: M. Beer Gabel

09.30-09.50 Pain generators in pelvic pain

L. Demartini

09.50-10.10 PTSD and CPP

A.F. Planté

10.10-10.20 Pain science education in the management of DPC and brain connectivity

R. Torres

10.20-10.30 Discussion

10.30-11.00 Coffee break

11.00-12.30 Session 8 - Pelvic Congestion in CPP: controversy

President: A. Pessarrodona

Chair: Q. Senechal

Semiology of the Pelvic Congestion Syndrome

Debate & interactive voting

11.00-11.40 Can we relate Congestion syndrome to CPP

11.00-11.20 Why we cannot

T. Riant

11.20-11.40 Why we can

F. Douane

11.40-12.00 Imaging and diagnosis of artery and vein in CPP

V. Piloni

12.00-12.20 Physical therapy and osteopathy in congestion syndrome

R. Benoit-Levy

12.20-12.30 Discussion

12.30-13.30 Session 9- ROUND Table: Recommendations for a first line treatment in BPS

President: M. Cervigni

Chair: A. Levesque

M. Cervigni (IT), C. Saussine (FR), R. Bollens (BE), L. Lopez-Fando (E)

13.30-14.00 CONCLUSIONS, BEST ABSTRACT AWARDS. NEWS in CPP, 2023 in Barcelona

NON DISCUSSED POSTERS

16 P The place of physiotherapy in pelvic-perineal care for women with dyspareunia: a systematic review of the literature
De Oliveira Emma, Planté Anne-Florence

17 P Testimony of two patients with chronic pelvic pain
Torrecillas Martinez Diana, Requena Gómez Alba

18 P Effect of radiofrequency in women with chronic pelvic pain of myofascial origin versus myofascial therapy and no treatment: a randomized clinical trial. Study design and initial findings
Box Carla, Carralero Andrea, Quintas Lara, Ros Cristina, Carmona Francisco
Also presented and discussed in Plenary Room

19 P A puncture of corticosteroid and levo-bupivacaine intravaginally: an alternative for women with postoperative pelvic pain
Climet Nieves, Juarez Carlos, Ruiz Sara, Martinez Victoria



CONVERGENCES PP 2022 INVITED FACULTY

Aymard C., France	Del Popolo G., Italy	Nicoletti F., Italy
Amarenco G., France	Fuschi A., Italy	Pessarrodona A., Spain
Bautrant E., France	Demartini L., Italy	Piloni V., Italy
Baciarello M., Italy	Douane F., France	Planté A.F., France
Beer Gabel M., Israel	Jottard K., Belgium	Ploteau S., France
Benoit-Levy R., France	Joyeux E., France	Quintas L., Spain
Biroli A., Italy	Lamberti G., Italy	Riant T., France
Bollens R., Belgium	Lemos N., Canada/Brazil	Robert R., France
Bornstein J., Israel	Levêque C., France	Sansone P., Italy
Borobia Perez A., Spain	Levesque A., France	Saussine C., France
Bredeau O., France	Lopez-Fando L., Spain	Senechal Q., France
Carbone A., Italy	Marra C., Italy	Serati M., Italy
Ceruti C., Italy	Micheli F., Italy	Torres R., Spain
Cervigni M., Italy	Montes I., Spain	Usandizaga R., Spain
Close A., Belgium	Natoli S., Italy	Valancogne G., France

ITALIAN CME ACCREDITATION

Cod. CME: 361787 N. Credits: 6

CME credits are available for Gynaecologists, Urologists, Surgeons, Physiotherapists, Nurses and Midwives.

To get CME credits valid for Italian Health Ministry, participants need to attend 90% of scientific sessions by having their attendance verified (either signing the attendance register or having personal badges scanned) and pass the evaluation test right after the event (75% of correct answers is the minimum passing score).

UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS

Event Reference Number: #LEE22-01339

Evaluation in progress. The 8th Annual Convergences PP Congress has been submitted to the European Accreditation Council for Continuing Medical Education (EACCME®) for accreditation of the scientific programme.

ABSTRACT SESSIONS

Presentation Methods:

Oral (Podium) presentation and Non-Discussed Posters.

Abstract Agreement: If your abstract is accepted for either oral or poster session, you will be asked to accept the following conditions:

- Present your Abstract in the session and format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

GENERAL INFORMATION

Congress Venue

Pontificia Università Lateranense – Piazza San Giovanni in Laterano 4, Roma

Language

Presentations will be in Italian, in English and in French. Simultaneous translation provided in Italian, English, French

REGISTRATION

Register online at www.convergencespp.com/fr/ by 15th October 2022. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

Congress Kit, access to Scientific Sessions, CME papers, Certificate of Attendance. Attendance to 1 CME Course is included. Dinner is not included in the registration fee. It can be booked separately during the online registration process.

Please note that Lunch on Thursday, Friday and Saturday is not included. Coffee Breaks will be organised in the Exhibition Area.

Registration fees are reserved to physicians, physiotherapists, nurses, midwives and other healthcare professionals.

We invite Industry representatives, non sponsoring the Congress but willing to attend #CONVERGENCES2022, to register online by selecting the dedicated fee €600,00.



REGISTRATION FEES	Before 31/07/2022	After 31/07/22	After 15 October & Onsite
DOCTOR - MEMBER	280,00 €	330,00 €	380,00 €
DOCTOR NON-MEMBER	380,00 €	430,00 €	480,00 €
NURSE, PHYSIOTHERAPIST, MIDWIFE - MEMBER	100,00 €	150,00 €	200,00 €
NURSE, PHYSIOTHERAPIST, MIDWIFE - NON-MEMBER	170,00 €	220,00 €	270,00 €
OTHERS - MEMBERS	100,00 €	150,00 €	200,00 €
OTHERS - NON-MEMBERS	170,00 €	220,00 €	270,00 €
STUDENTS	50,00 €	75,00 €	100,00 €
DINNER	80,00 €	100,00 €	100,00 €

CONVPP DINNER

Information about CONVPP Dinner Venue will be announced as soon as possible. Dinner is reserved for those who confirmed their attendance during registration. CONVPP dinner will be on Thursday November 10th.

CANCELLATION POLICY

Registration fees are 50% refundable of the total amount before 31st August 2022. After 31st August 2022, no refund. After the 10th of September 2022: no refund will be possible.

CONVERGENCES PP SECRETARIAT

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