



ESSIC
INTERNATIONAL SOCIETY
FOR THE STUDY OF BPS



CONVERGENCES PP
CONVERGENCES IN PELVIPERINEAL PAIN
CONVERGENCES EN DOULEUR PELVI PÉRINÉALE
CONVERGENCES NEL DOLORE PELVICO PERINEALE

ESSIC-CONVPP

JOINT MEETING

23-25 OCT 2025

MEETING CHAIRS:
MAURO CERVIGNI, ERIC BAUTRANT

MILAN ITALY

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Welcome message from the Meeting Chairs

Dear Colleagues,

It is with great pride and enthusiasm that we welcome you to the ESSIC – Convergences PP Joint Meeting 2025, to be held in the vibrant city of Milan, October 23–25, 2025.

As Presidents of the congress and representatives of leading scientific societies in the field, we are honored to host this exceptional gathering dedicated to one of the most challenging and multidisciplinary areas of medicine: Interstitial Cystitis/Bladder Pain Syndrome (IC/BPS) and Chronic Pelvic Pain (CPP).

This congress represents a landmark event—a unique opportunity to bring together clinicians, researchers, and healthcare professionals from across the globe to share insights, present groundbreaking research, and shape the future of IC/BPS and Pelviperineal pain management. With a programme designed to bridge specialties and foster collaboration, this is truly an event that no one with an interest in this field can afford to miss.

Across three dynamic days, participants will have the chance to attend state-of-the-art lectures, expert panel discussions, live clinical case sessions, and interactive workshops.

Set in Milan, a city known for its rich history, cultural energy, and medical excellence, this congress also offers the perfect setting for networking, exchange of ideas, and building long-term collaborations.

We look forward to welcoming you in October 2025 and to advancing, together, the science and care of patients living with pelvic pain.

Mauro Cervigni - Eric Bautrant

Thursday, October 23rd

10.30 – 11.20 | Registration

11.20 – 11.30 | Introduction

A. Levesque, E. Bautrant, P. Hanno, M. Cervigni

11.30 – 11.40 | Tribute to the Fathers of Pain Research | ECM

JJ. Wyndaele

11.40 – 13.10 | JOINT SESSION: PELVIC VISCERAL PAIN AND SENSITIZATION | ECM

Moderators: A. Levesque, A. Carbone

11.40	From Rectal Dysfunction to Rectal Chronic Pain	M. Beer Gabel
11.55	From Bladder Pain Syndrome to central sensitization	T. Tarcan
12.10	From Dysmenorrhea to Uterine Dysfunction and Sensitization	E. Bautrant
12.25	From Pelvic Sensitization to the Convergences PP score	A. Levesque
12.40	Peripheral Pain Mechanisms	J.J. Wyndaele
12.55	Discussion	

13.10 – 14.10 | Break

14.10 – 15.40 | ESSIC SESSION – Basic Science

Moderators: R. Moldwin, A. Pastore

14.10	Mast Cell Dysfunction: Local and Peripheral Roles in IC/BPS	T. Theoharides
14.30	Gene Expression in IC/BPS	Y. Akiyama
14.45	Ketamine Cystitis and Radiation Cystitis: Pathophysiological Mechanisms	D. Janssen
15.00	Keynote Lecture: Regenerative Medicine in IC BPS	M. Cervigni
15.20	Discussion	

15.40-16.10 | Coffee Break

16.10 – 17.40 | CONV PP SESSION: CHRONIC POST-OP PAIN

Moderators: E. Bautrant, P. Richebé

16.10	Surgery-Induced Pain Sensitization: Mechanisms, Research Findings and Clinical Applications	C. Rivat
16.30	Keynote Lecture: How to Select Patients at Risk. Prevention and Treatment of the Chronic Post-Op Pain Syndrome	P. Richebé
16.50	Chronic Post-Op Pain after Prolapse and Incontinence Surgeries: Results of the Vigimesh Survey	E. Bautrant
17.05	Surgery-Induced Pain Sensitization: A new approach for Surgeons	S. Ploteau
17.20	Discussion	

17.40 – 18.40 | Abstract Session 1

Moderators: N. Mishra, S. Ploteau

- 1 Assessing the Role of Urodynamic Studies in Bladder Pain Syndrome/Interstitial Cystitis: Insights from a Retrospective Cohort at a Regional Referral Centre
Torelli Fabrizio, Fantini Gemma Viola, Nedbal Carlotta, Tramanzoli Pietro, Galosi Andrea Benedetto, Gregori Andrea
- 2 Myofascial Pelvic Pain and Other Comorbidities in Patients with Endometriosis
Valdes-Bango Curell Marta, Quintas Marques Lara, Box Carla, Gracia Meritxell, Rius Mariona, Carmona Francisco, Martinez Zamora Maria Angeles
- 3 Assessing characteristics that determine a favorable response to intravesical anesthetics in the treatment of interstitial cystitis/bladder pain syndrome
Tran Derek, Moldwin Robert
- 4 Management of Hunner-type Interstitial Cystitis in the Absence of National Guidelines: A Survey of Russian Urologists
Karasev Aleksandr, Plekhanova Olga, Nomovir Timur, Kasyan George, Pushkar Dmitry
- 5 Ultrasound-Guided Nerve Blocks for Neuropathic Pelvic Pain After Inguinal Hernioplasty: A Case Report and Rehabilitation Perspective
Paba Ana Belen, Cantador Hornero Marta, Luna Francisco
- 6 Intravesical Hyaluronic Acid vs Amitriptyline for Bladder Compliance in IC/BPS
Tsionga Aikaterini, Antoniadis Georgios, Samarinas Michael
- 7 Surgical Outcomes in Patients with Ketamine-Induced Uropathy: An Explorative Prospective Cohort Study
Dewez Jill, Moris Lisa, Voets Thomas, Van der Aa Frank, Everaerts Wouter

Friday, October 24th

08.15 – 10.45 | ESSIC WORKSHOPS

08.15-09.30 | WS 1 - How I do it

Coordinators: R. Moldwin, V. Li Marzi

08.15	Cysto-hydrodistension	M. Cervigni
08.30	Painless Office Cystoscopy	R. Moldwin
08.45	Bladder Fulguration	H. Lai
09.00	Botulinum Toxin Injection for Bladder Pain	C. Riedl
09.15	Discussion	

09.30-10.45 | WS 2 - Guidelines in BPS

Coordinators: M. Cervigni, S. Malde

09.30	Introduction	M. Cervigni
09.35	Rationale	S. Malde
09.55	Diagnostic	Y. Akiyama
10.05	Hystopathology	K. Lako
10.15	Treatment 1	M. Samarinas
10.25	Treatment 2	D. Janssen
10.35	Discussion	

08.15 – 10.45 | CONVPP WORKSHOPS

08.15-09.30 | WS 1 - Guidelines in Chronic Pelvic Pain and Endometriosis

Chair: A. Levesque, L. Quintas Marquez

08.15	Guidelines and recommendations	A. Levesque
08.35	Pain evaluation vs endometriosis lesion	A. Levesque
08.55	Hormonal treatment and its role in the control of the pain	L. Quintas Marquez
09.15	Discussion	

09.30-10.45 | WS 2 - Pain and endometriosis: Clinical situations

Chair: O. Porta, K. Nyangoh

09.30	Comorbidities	O. Porta
09.50	Physiotherapy	A.F. Planté
10.10	Surgical procedures	K. Nyangoh
10.30	Discussion	

10.45 – 11.15 | Coffee Break

11.15 – 12.30 | JOINT SESSION: BOTULINUM TOXIN IN CPP | ECM

Moderators: S. Ploteau, C. De Nunzio

11.15	Pain and Botulinum Toxin	F. Jedryka
11.30	Botulinum Toxin injections in CPP and Endometriosis	E. Baurant
11.45	Botulinum toxin injection in Urethral pain and IC/BPS	R. Pinto
12.00	Botulinum toxin injection in Hypertonic Pelvic Floor	G. Del Popolo
12.15	Discussion	

12.30 – 13.20 | Abstract Gold

Moderators: K. Whitmore, C. Riedl

- 9 Corneal confocal microscopy as a marker of small fiber neuropathy in patients with chronic pelvic pain syndrome: stability of changes with treatment
Krotova Natalia, Malinina Olga, Loktev Artem, Sizova Maria
- 10 Managing Sexual Health in Women with Bladder Pain Syndrome: Review of Guidelines
Enaux Jennifer, Vitorio Kaiser Adergicia, Kobleder Andrea, Knecht Christiane
- 11 Validation of a Severity Classification System for Hunner-type Interstitial Cystitis
Niimi Aya, Homma Yukio, Akiyama Yoshiyuki
- 12 Vulvar Vestibule Radiofrequency And Electroporation Ameliorates Vulvar Symptoms In Women With Vulvodynia
Azzalini Stefania, Dell'Anna Tiziana, Sicuri Martina, Brunetti Federica, Saettini Francesco, Marra Chiara

13.20 – 14.00 | Light Lunch

14.00 – 15.30 | CONVPP SESSION: POST-TRAUMA CPP

Moderators: C. Rivat, O. Porta

14.00	Traumas and nociplastic pain in CPP: neurobiological aspects of the induced sensitization	C. Rivat
14.20	Sexual Abuses, PTSD and CPP	M. Cid
14.35	Multidisciplinary approach of the post-trauma CPP	L. Van Der Hoeden
14.50	Bladder dysfunction and sexual assault. CPP and PTSD assessment and treatment for pelvic floor Physiotherapists	A.F. Planté
15.05	How to detect and manage the trauma in CPP patient	A. Masselin-Dubois
15.20	Discussion	

15.30-16.00 | Sponsored Session – NON CME

See page 8 for details

16.00-16.20 | Keynote Lecture

Small bladder capacity: a new phenotyping in IC/BPS?

G. Badlani

16.20 – 16.45 | Coffee Break

16.45 – 18.45 | ESSIC SESSION Treatments

Moderators: S. Malde, Y. Akiyama

16.45	New immunological approaches	T. Theoharides
17.00	Fybromyalgia: the best approach	R. Casale
17.15	Bladder instillation: what's new?	M. Samarinas
17.30	New concepts of drug delivery	M. Chancellor
17.45	Complementary alternative management	K. Whitmore
18.00	The Role of Physiotherapy	J. Fariello
18.15	IC/BPS and Sexual Disorders Management	A. Padoa
18.30	Discussion	

Saturday, October 25th

08.00 – 08.45 | ESSIC AGM

08.45 - 10.00 | JOINT SESSION: NEUROMODULATION IN CPP | ECM

Moderators: J. de Andres, A. Giammò

08.45	Pudendal Neuropathic Pain, How to Treat: Peripheral Nerve vs DRG or spinal cord neurostimulation	J. de Andres
09.00	Neuromodulation vs intra-theal programmable Pump in neuropathic chronic pelvic pain	A. Balossier
09.15	Neuromodulation in BPS/IC	B. P. Fernandez
09.30	Tibial Nerve Stimulation	E. Finazzi Agrò
09.45	Discussion	

10.00-10.30 | Abstract Session 3

Moderators: K. Nyangoh, M. Samarinas

- 13 Clinical and Comorbidity Profiles of Female Patients with Chronic Pelvic Pain: A Retrospective Single-Center Cohort Study
Nomovir Timur, Plekhanova Olga, Karasev Alexander, Kazakov Nikita, Zaitcev Andrew, Faradzhullaeva Valerie, Kasyan George, Pushkar Dmitry
- 14 Chronic Urinary Frequency and Nocturia Revealing Hunner Lesion Disease: A Diagnostic Challenge
Kolvatzis Merkourios, Kolioulis Ioannis, Samarinas Michael
- 15 Clinical Profile, Symptom Structure, and Comorbidity in Male Patients with Chronic Pelvic Pain: Single-Center Experience
Nomovir Timur, Plekhanova Olga, Faradzhullaeva Valerie, Zaitcev Andrew, Kasyan George, Pushkar Dmitry

10.30-11.00 | Coffee Break

11.00-12.15 | SURGERY IN CPP – VIDEOS

Moderators: N. Lemos, E. Baurtrant

11.00	Cystoscopy & AI	T. Ueda
11.15	Laparoscopic management of Pelvic Pain	N. Lemos
11.30	Management of PNE with transgluteal neurolysis	S. Ploteau
11.45	Management of PNE with laparoscopic neurolysis	E. Baurtrant
12.00	Discussion	

12.15-12.35 | Keynote Lecture

12.15	Cryo-Neurolysis & Pulsed Radiofrequency in Pudendal Neuralgia	A. Hakime
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12.35 – 14.00 | ESSIC & CONV PP Meet the Patients – NON CME

Moderators: L. Nasta, A. Levesque, M. Cid

The role of pain therapist	S. Natoli
ERN eUROGEN	M. Battye
IC/BPS and CPP Pats Advocates:	
<i>International Painful Bladder Foundation</i>	J. Meijlink
<i>AICI Associazione Italiana Cistite Interstiziale</i>	L. Nasta
<i>Associazione Italiana Vulvodinia</i>	M.T. Schettino
<i>Associazione Vulvodinia e Neuropatia del Pudendo</i>	S. Carabelli
<i>T.O.P.P. - Team Midwives Pelvic Floor</i>	A. Cavalieri
<i>AINP Association d'information sur la Névralgie Pudendale</i>	A. Le Nir
<i>ADOPEC Asociación de dolor pélvico crónico en España</i>	N. Dorado

Great Debate: Is it time for an international registry of patients with IC/BPS or pudendal neuropathy?

M. Cervigni, G. Badlani, M. Battye, A. Levesque, R. Moldwin, E. Baurtrant

14.00 -14.15 | Closing Ceremony & Abstract Awards

FACULTY

Yoshiyuki Akiyama	Antoine Hakime	Anna Padoa
Rui Almeida Pinto	Dick Janssen	Antonio Pastore
Gopal Badlani	François Jedryka	Anne Florence Planté
Anne Balossier	Henry Lai	Stéphane Ploteau
Michelle Battye	Kosta Lako	Lara Quintas
Eric Baurtrant	Nucelio Lemos	Oriol Porta Roda
Marc Beer Gabel	Amelie Levesque	Philippe Richebé
Antonio Carbone	Vincenzo Li Marzi	Claus Riedl
Roberto Casale	Sachin Malde	Cyril Rivat
Mauro Cervigni	Anne Masselin-Dubois	Michael Samarinas
Marie Cid	Jane Meijlink	Theoharis Theoharides
José de Andres	Nagendra Mishra	Tufan Tarcan
Cosimo De Nunzio	Robert Moldwin	Tomohiro Ueda
Giulio Del Popolo	Loredana Nasta	Laura Van Der Hoeden
Jennifer Fariello	Silvia Natoli	Kristene Whitmore
Enrico Finazzi Agrò	Krystel Nyangoh	Jean Jacques Wyndaele
Alessandro Giammò	Barbara Padilla-Fernandez	

GENERAL INFORMATION

UEMS EACCME ACCREDITATION

The ESSIC - CONVPP 2025 Joint Meeting, Milan, Italy 23/10/2025 - 25/10/2025, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **18.0** European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

ITALIAN CME ACCREDITATION | ECM

Italian CME Code: **461037** - Credits awarded: **5** - Educational hours: 5

The Meeting has been accredited for 100 participants by the Italian Health Ministry. CME credits are available for specialists in Urology, Gynecology and Obstetrics, General Surgery, Neurology, Internal Medicine, Gastroenterology, Radiodiagnostics, Anesthesiology; Nurses, Midwives, Physiotherapists. To obtain Italian CME credits valid for the Italian Health Ministry, participants need to attend 90% of scientific sessions, having their attendance verified (having personal badges scanned) and pass the evaluation test after the event (75% of correct answers is the minimum passing score). Please note that there is only one attempt available to complete the test.

CONGRESS VENUE

Hotel dei Cavalieri | Piazza Giuseppe Missori, 1, 20123 Milano MI

Hotel dei Cavalieri Milano Duomo is conveniently located in Piazza Giuseppe Missori, 1, just 200 meters from Piazza Duomo. The hotel is easily accessible via public transport, with the Missori metro station (M3 line) and the 12, 15, 16, 24 trams nearby. Linate Airport is connected to Milan city centre by the M4 underground line. From Linate Airport take the M4 line and get off at the Sforza Policlinico stop. The hotel is about 5 minutes' walk from Sforza Policlinico. Taxis are readily available from the Linate airport or Milan Central station, with an estimated travel time of 25 minutes. The distance from Malpensa Airport is of about 50 minutes by car and 1h 10 minutes by train shuttle.



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ABSTRACTS OF THE EVENT

All abstracts submitted from 15th May 2025 to 30th June 2025, through the On-line Abstract Submission System will be published in the Official Online ESSIC-CONVPP 2025 Abstract Book thank to an unrestricted contribution by ALGONOT.

REGISTRATION

Online registration will be available from April 30th 2025 at <https://www.essicmeeting.eu/> to October 15th. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

REGISTRATION FEES

	Members	Non-Members
<i>MD, MhD</i>	€ 380,00	€ 450,00
<i>Nurses, Midwives & Care Workers</i>	€ 250,00	€ 300,00
<i>Students, Residents, Patients</i>	€ 120,00	€ 180,00

*Registration Fee is meant for each person, in Euros, VAT free. The registration fee includes the certificate of attendance, coffee breaks and lunch. Lunch is not provided on Thursday and Saturday. For group registrations, please contact the Organizing Secretariat in order to take advantage of registration packages. Please note that seating is limited and will be on a first-come, first-served basis.

Workshop rates: €50,00 for members, €80,00 for non-Members.

The above registration fees are reserved to physicians, patients and other healthcare professionals. Industry representatives, non-sponsoring the Congress but willing to attend, are kindly invited to register online by selecting the dedicated fee €800,00.

On site rates will be charged to registrations received after 31 Aug. Registration fees are 50% refundable of the total amount before 31st July. After 31st July 2025, no refund will be possible.

Sponsored Session (Non-CME)

Friday, October 24th



15.30 – 16.00 EPITECH Symposium

Title: Neuroinflammation: the link between Male Pelvic Pain and Mood Disorders

Speaker: Enrico Ammirati

Sponsors & Exhibitors

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