

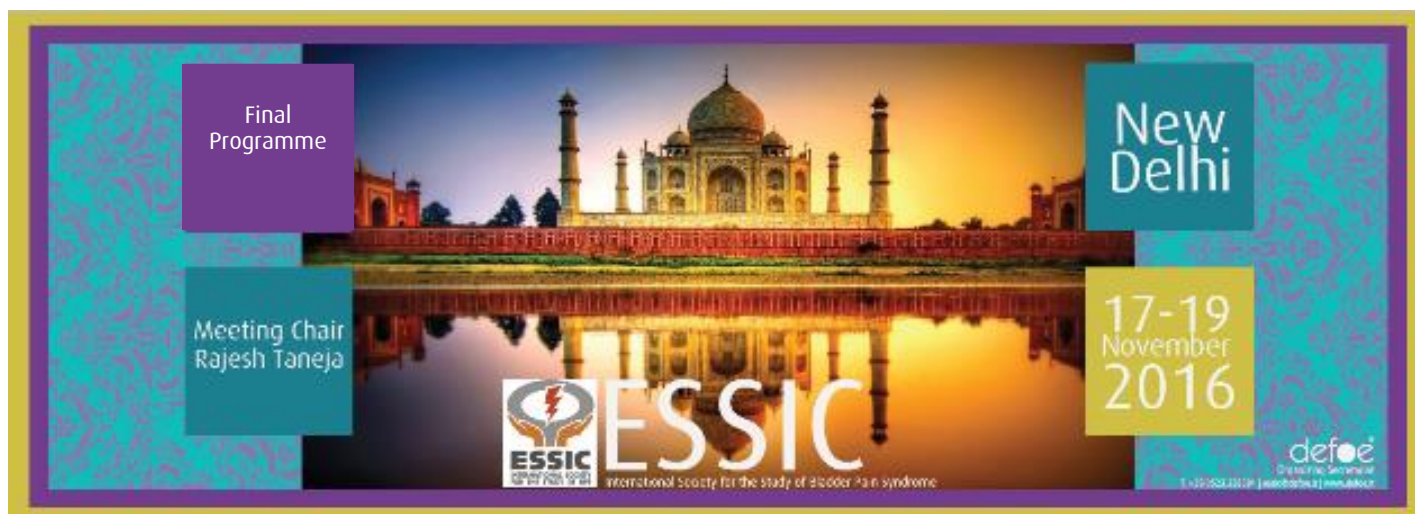


# ESSIC Annual Meeting 2016

November 17-19, 2016

Four Points by Sheraton New Delhi, Airport Highway

Meeting Chair: Rajesh Taneja



## ESSIC EXECUTIVE COMMITTEE

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Dear Friends and Colleagues,

You are warmly invited to attend the important ESSIC meeting in New Delhi this year.

ESSIC “the international society for Bladder Pain syndrome /Interstitial cystitis “has a long tradition of excellent research, education and promotion of the condition.

The ESSIC meetings are a must for all those specifically involved in this pathological entity. The wealth of information the participants get, the possibility of networking , the friendly atmosphere and open discussions leave no one untouched. New Delhi is a far trip for participants of parts of the world but you can be sure that Dr Taneja and our PCO Defoe will make it worthwhile.

Hope to see you there

J.J. Wyndaele  
ESSIC President



Dear Friends ,

It is my proud privilege to invite you for the annual meeting of ESSIC, to be held in New Delhi, India between 17-19 November 2016. Bladder pain syndrome, erstwhile known as Interstitial Cystitis, has been considered an elusive disease, with varying definitions to diverse clinical presentations. Delhi is equally diverse in its cultural and historical heritage. The annual meeting would be conducted in comfortable ambience and would include one and a half day of deliberations by experts from all over the world. The following day would be a workshop for the clinicians, who intend to sensitize themselves with the basics of clinical approach to patients of BPS/IC, as presented by the stalwarts from the globe. I am sure this meeting is going to be a scientific bonanza for the experts as well as the beginners alike.

Looking forward to welcoming you all to the pleasant weather of November in New Delhi.

Dr Rajesh Taneja  
ESSIC 2016 Meeting Chair

## SCIENTIFIC PROGRAMME

THURSDAY, NOVEMBER 17<sup>th</sup>, 2016

14.30	Registration	
15.00	<b>Welcome and Introduction:</b>	R. Taneja, ESSIC 2016 Meeting Chair J.J. Wyndaele, ESSIC President

### 15.15-16.30 1<sup>st</sup> SESSION | Current Understanding of Etiopathogenesis of BPS

Moderators: M. Cervigni, P.N. Dogra, D. Shoskes

15.15	Current scenario of multifactorial origin hypothesis	S. Pandey	15'
15.30	Role of the adrenergic system	R. Taneja	15'
15.45	Current epidemiology – are we convinced with our reporting strategies?	M. Cervigni	15'
16.00	Impact of etiopathogenesis on planning management of a given case	S. Priyadarshi	15'
16.15	Discussion		30'

### 16.30 – 17.00 TEA BREAK

### 17.00-18.15 2<sup>nd</sup> SESSION | Laboratory markers of the disease: Current and future

Moderators: N.P. Gupta, P. Hanno, S. Pandey

17.00	Feasibility of Screening tests for epithelial permeability	P. Hanno	15'
17.15	Correlation of lab markers with symptom complex	A. Jain	15'
17.30	Role of Gut and Urinary Microbiome in Pelvic Pain	D. Shoskes	15'
17.45	Management protocol of BPS as in my centre	N. Mishra	15'
18.00	Discussion		30'

### 19.00 – 21.30 MEET THE FACULTY

FRIDAY, NOVEMBER 18<sup>th</sup>, 2016

### 09.00-10.30 3<sup>rd</sup> SESSION | Clinical phenotyping, How feasible is it?

Moderators: A. Goel, J. Nordling, D. Shoskes

09.00	Introduction and Classifications based on clinical phenotyping	P. Hanno	15'
09.15	<b>Round Table</b> Management strategy based on clinical phenotyping and prediction of response to therapy <i>P. Hanno, J. Nordling, D. Shoskes, J.J. Wyndaele</i>		15'
10.00	Proposed Protocol for a future multi centric clinical study	J. Nordling	15'
10.15	Discussion		15'

### 10.30 – 11.00 TEA BREAK

### 11.00-12.30 4<sup>th</sup> SESSION | Pharmacologic aspects of treatment of BPS

Moderators: A. Kriplani, R. Sood, J.J. Wyndaele

11.00	Oral PPS: The current understanding	U. Mete	15'
11.15	NON PPS oral agents	C. Riedl	15'
11.30	Intra vesical agents	J.J. Wyndaele	15'
11.45	Future trends in Pharmacological management of BPS and role of Cyclosporine	D. Shoskes	15'
12.00	Discussion		30'

## 12.15 – 12.45 Sponsored Symposium: Why all Polysaccharides are not Pentosan

Chairs: P. Hanno, J. Nordling, C. Riedl

### 12.45-13.45 LUNCH

#### 13.45-15.00 5<sup>th</sup> SESSION | Non pharmacological aspects of treatment of BPS

Moderators: U. Mete, N. Mishra, R. Sharma

13.45	Why do treatments fail	R. Taneja	15'
14.00	Role of diet	J.J. Wyndaele	15'
14.15	Current status of neuromodulation	A. Goel	15'
14.30	Role of Physical Rehabilitation in treatment of BPS	N. Purohit	15'
14.45	Discussion		30'

### 15.00 – 15.30 TEA BREAK

#### 15.30-17.30 6<sup>th</sup> SESSION | Podium presentation

Moderators: S. Priyadarshi, D. Shoskes, J.J. Wyndaele

15.30	<b>1</b>	Effects of Combination Treatment of Intravesical Resiniferatoxin Instillation and Hydrodistention in Patients with Refractory Painful Bladder Syndrome/Interstitial Cystitis: A Pilot Study Bae Jae Hyun, Choi Hoon
15.40	<b>2</b>	The factors predicting therapeutic effect of hydrodistension for interstitial cystitis/bladder pain syndrome patients Lee Kyu-Sung, kim Tae Heon, Ko Kwang Jin, Kim Dae Kyung
15.50	<b>3</b>	The efficacy of endoscopic ablation of the Hunner's lesion in patients with interstitial cystitis Lee Kyu-Sung, Ko Kwang Jin, Kim Dae Kyung
16.00	<b>4</b>	Phantom pain after Robotic Cysto-Prostatectomy for Bladder Pain Syndrome Kumar Venkatesh, Abdul Rouf Malik, Paul Sagorika, Taneja Rajesh
16.10	<b>5</b>	Therapeutic trial of Oral Pentosan Polysulfate in post TURP Non Obstructive LUTS Kumar Venkatesh, Abdul Rouf Malik, Paul Sagorika, Taneja Rajesh
16.20	<b>6</b>	A prospective randomized study of Intra-Vesical sodium Chondroitin Sulfate soln. 2.0% (Uracyst) and a mixture of Heparin + Xylocaine for the treatment of Painful Bladder Syndrome/IC Shimpi Rajendra, Shimpi Manasi
16.30	<b>7</b>	Clinical experience with intravesical heparin cocktail therapy in Bladder Pain Syndrome/ Interstitial Cystitis Jain Amita, Ahlawat Rajesh
16.40	<b>8</b>	Tips and Tricks for Intravesical Injection of Botulinum Toxin in Bladder Pain Syndrome / Interstitial Cystitis Jain Amita, Suryavanshi Manav, Ahlawat Rajesh
16.50	<b>9</b>	Effect of the SHIP1 Activator, AQX-1125, on Pain in Rat Models of Cystitis and Prostatitis Cross Jennifer, Stenton Grant, Harwig Curtis, Tam Pat, Toews Judy, Mackenzie Lloyd
17.00	<b>10</b>	A randomised placebo controlled study of Intravesical instillations of heparin and alkalized lidocaine in refractory interstitial cystitis/Bladder pain syndrome (IC/BPS) –a tertiary centre experience Priyadarshi Shivam, Pathak Ujwal

### 19.30 FACULTY DINNER

09.00	Registration for Workshop	
09.15	Welcome address	J.J. Wyndaele

**09.30-11.00 1st WORKSHOP SESSION | Etiopathogenesis of the subject**  
**Moderators: P. Hanno, U. Mete**

**09.30-11.00 PARALLEL WORKSHOP SESSION (for patients)**  
**Moderators: A. Jain, N. Mishra, J.J. Wyndaele**

**11.00 – 11.30 TEA BREAK**

**11.30-13.00 2nd WORKSHOP SESSION | Investigations in a case of suspected BPS**  
**Moderator: R. Taneja, R. Tanwar**

**11.30-13.00 PARALLEL WORKSHOP SESSION (Physiotherapy and rehabilitation)**  
**Moderator: N. Purohit, R. Sharma**

**13.00 – 14.00 LUNCH**

**14.00-15.30 3rd WORKSHOP SESSION | Diagnosis of BPS**  
**Moderators: J. Nordling, A. Goel**

**15.30 – 16.00 TEA BREAK**

**16.00-17.30 4th WORKSHOP SESSION | Clinical approach to a suspected case of BPS**  
**Moderators: S. Pandey, J.J. Wyndaele**

**FREE EVENING**

**NON DISCUSSED POSTER**

<b>11</b>	Increased Fibrosis and mast cells in non-Hunner type /Severe Inflammation and urothelial denudation in Hunner type : Immunohistochemical analysis and Clinical implication in Interstitial Cystitis/B
	Choo Myung-Soo, Kim Aram, Cho Yong-mi
<b>12</b>	Longitudinal Changes of Distribution of Hunner Lesion in Patient with Interstitial Cystitis/Bladder Pain Syndrome
	Choo Myung-Soo, Shin Jung-Hyun, Kim Aram
<b>13</b>	Mesenchymal stem cells improved bladder function and histopathological features in protamine sulfate-lipopolysaccharide induced interstitial cystitis in rat bladder
	Choo Myung-Soo, Kim Aram, Ryu Chae-Min, Yu Hwan Yeul, Han Ju Young, Shin Dong-Myung
<b>14</b>	Quetiapine fumarate extended release in the treatment of Bladder Painful Syndrome with nonurological associated conditions: an exploratory study
	Giannantoni Antonella, Gubbiotti Marilena, Rossi de Vermandois Jacopo Adolfo, Quadrini Francesca, Salvini Eleonora
<b>15</b>	Treatment of bladder pain syndrome / interstitial cystitis using combined therapy of hyaluronic acid and alphablockers
	Zabkowski Tomasz, Saracyn Marek

16	Intratrigenal Botulinum Toxin-A in refractory patients of Painful Bladder Syndrome/IC SHIMPI RAJENDRA, SHIMPI MANASI
17	Laparoscopic cystectomy in a patient with Interstitial Cystitis / Bladder Pain Syndrome (IC/BPS) : Taking the advantage of minimally invasive approach. Mete Uttam, Mukhopadhyay Abhinandan, Bishnoi Ksitij
18	Botulinum A Toxin reduces the expression of Vanilloid and Cannabinoid receptors in “in vitro” primary human smooth muscles cell cultures: preliminary results. Maulà Vincenza, Bistoni Onelia, Nardicchi Vincenza, Salvini Eleonora, Gubbiotti Marilena, Rossi de Vermandois Jacopo A, Giannantoni Antonella
19	The molecular biologic study about the circadian rhythmic control of micturition function Kim Khae Hawn, Kim Su Jin, Chung Kyung Jin
20	Retrospective study of BPS patients Mehta Chaitasy
21	The Leadership 301 Trial: Phase 3 Trial to Evaluate the Efficacy and Safety of 2 Doses of AQX-1125 Targeting the SHIP1 Pathway in Subjects with Interstitial Cystitis/Bladder Pain Syndrome Biagi Heidi, Scholl Dorothea, Butterfield Noam, Green David, Mackenzie Lloyd, Main David
22	Interstitial Cystitis : A Gynaecological Perspective Singh Tanvir
23	Effects on sexual function of women with refractory interstitial cystitis/bladder pain syndrome after instillations of heparin and alkalized lidocaine – a randomised placebo controlled study Priyadarshi Shivam, Dhakad Devender

## FACULTY

Mauro Cervigni, Gynaecologist and Urologist, Rome  
P.N. Dogra, Urologist, New Delhi  
Apul Goel, Urologist, Uttar Pradesh  
N.P. Gupta, Urologist, New Delhi  
Philip Hanno, Urologist, Philadelphia  
Amita Jain, Gynecologist, New Delhi  
Alka Kriplani, Gynecologist, New Delhi  
Uttam Mete, Urologist, New Delhi  
Nagendra Mishra, Urologist, New Delhi  
Jørgen Nordling, Urologist, Copenhagen

Sanjay Pandey, Urologist, New Delhi  
Shivam Priyadarsh, Urologist, Rajasthan  
Navita Purohit, Psychiatrist, Mumbai  
Claus Riedl, Urologist, Austria  
Ranjana Sharma, Gynaecologist, New Delhi  
Daniel Shoskes, Urologist, Cleveland  
Rajeev Sood, Urologist, New Delhi  
Rajesh Taneja, Urologist, New Delhi  
Raman Tanwar, Urologist, Gurgaon  
Jean Jacques Wyndaele, Urologist, Antwerp

## Sponsored Symposium



12.15 – 12.45 Sponsored Symposium: Why all Polysaccharides are not  
Chairs: P. Hanno, J. Nordling, C. Riedl

### VENUE

Four Points by Sheraton New Delhi, Airport Highway

Address: Plot No 9, National Highway 8, Delhi - Gurgaon Road, Samalka, New Delhi, Delhi 110037, India

### UEMS CME | TOTAL HOURS: 15 h 30 min

UEMS Credits: To be assigned

This course is accredited for 250 participants.

Credits applications available for Physicians, Gynecologists, Urologists, Surgeons, Neurologists, Gastroenterologists, Anesthetists, Nurses and Obstetrics interested in the management of BPS.

### REGISTRATION

Send registration form to the organizing secretariat together with the receipt of payment, made before 15 October 2016. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

### REGISTRATION COSTS

Until 15 October

After 15 October

	Until 15 October	After 15 October
MD, MhD	€ 200,00*	€ 300,00*
MD, MhD (ESSIC Members)	€ 150,00*	€ 250,00*
Nurse & Care Workers	€ 100,00*	€ 200,00*
Students & Residents	€ 50,00*	€ 50,00*
Patients	€ 50,00*	€ 50,00*

\* Fee is meant for each person, in Euros, VAT free. The registration fee includes: certificate of attendance, CME related forms, coffee breaks and lunch, free entrance to the exhibition area. For group registration please contact the Organizing Secretariat in order to take advantage of registration package.

### HOTEL

For hotel reservations please contact the organizing secretariat

### ORGANIZING SECRETARIAT AND CME PROVIDER

**defoe** Tel.: +39.0523.338391 – Fax: +39.0523.1860018 [essic@defoe.it](mailto:essic@defoe.it) – [www.defoe.it](http://www.defoe.it)

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Industries interested in sponsoring or exhibiting at the event are invited to contact the organizing secretariat at [essic@defoe.it](mailto:essic@defoe.it).