

# MIPS



Mediterranean  
Incontinence  
and Pelvic Floor  
Society



## IX MIPS

Annual Congress

**LJUBLJANA**

26-28 Sep 2024

Meeting Chairs  
Adolf Lukanovic  
Kristina Drusany Staric

*Final Programme*

*Update\_01 Jul 2024*

## WELCOME MESSAGES



Dear Friends,

It gives me great pleasure, as the President, to invite you to the NINETH MIPS Annual meeting.

This year we will go again, after 9 years, to the beautiful city of Ljubljana, Slovenia, famous for its central location, bridges, surrounding caves and historical monuments.

The meeting will be held on 26-28 September, 2024 in the state of the art Culture and Congress Centre of Ljubljana "Cankarjev Dom".

Congratulations to our Host Chair: Professor Adolf Lukanovic and Co-Chair: Dr. Kristina Drusany whom I am sure, will organize an excellent meeting to build on the outstanding success of the Third MIPS Annual Meeting of 2015 in Ljubljana. The scientific programme includes the most recent advances in female and male pelvic floor medicine with multi-disciplinary sessions tailored to health care provider's educational needs and training priorities as well as patient care in Mediterranean countries. This year, we will also hold a parallel Symposium of the Slovenian Urogynecological Society that would be very interesting to our Slovenian candidates. We are currently working on the final scientific programme and hope to publish the first announcement by the fourth week of February on

the MIPS website.

See you in Ljubljana in September, 2024!

Daa Rizk

MIPS President



Dear Colleagues,

It is our great pleasure and honour to invite you to the 9th Annual meeting of MIPS which will be held this year in Ljubljana. After the successful third MIPS Annual Meeting 2015 in Ljubljana we are proud to have the opportunity to gather again in our charming picturesque capital of Slovenia.

The international experts from several Mediterranean countries will give you the opportunity to share experiences and discuss clinical problems in urogynaecology.

Together we strive to improve the quality of life of our suffering patients by learning and sharing our knowledge and want to stay as close as possible to Dalai Lama thoughts: »Share your knowledge.

It is a way to achieve immortality«. The aim of the meeting is to illuminate the trends and new approaches in the field of urogynaecology. The topics of the meeting are giving a broad view of the scientific principles and practical standpoints and new developments in this field of medicine. The members of Slovene medical society will highlight the selected topics of urogynaecology in our country which will celebrate nearly half century.

We are convinced that the lectures will emphasize the importance of urogynaecology and will encourage the international dialogue between renowned experts. Finally, the meeting will feature oral poster presentations which will allow young colleagues to enrol in presentation of the field of urogynaecology from office to research. We all are working hand in hand to ensure a varied, interesting, and exciting meeting programme.

Although Ljubljana might be small, we promise you, that this meeting will be amazing. We look forward to this meeting and hope that it will be an extremely rewarding and enjoyable experience for all of us.

We guarantee that you will enjoy yourself in the pleasant atmosphere of Ljubljana historical city centre with its special charming atmosphere. Apart from scientific programme we will have the opportunity to meet each other less formally. Visit us. We are not far away; we are situated in the heart of Europe.

Adolf Lukanovic - Meeting Chair

Kristina Drusany Starič - Meeting Co-Chair

## SCIENTIFIC PROGRAMME

### Day 1 - Thursday, 26<sup>th</sup> September 2024

09:00 – 10:00 Registration

10:00 – 10:45 Opening Ceremony  
Introduction: D. Rizk, A. Lukanovič, K. Drusany Starič

#### 10:45– 15:00 SYMPOSIUM OF SLOVENE UROGYNECOLOGICAL SOCIETY

Chair: A. Lukanovič, K. Drusany Starič

10.45	Is artificial sphincter the last solution in the treatment of SUI?	M. Mihelič, R. Pantar
11.00	Sacral neuromodulation	U. Kogovšek
11.15	Surgical interdisciplinary approach to the pelvic floor disorders	K. Drusany Starič
11.30	Laparoscopic approach for the treatment of POP	M. Blaganje
11.45	Occult urinary retention after TVT operation	M. Barbič
12.00	Office treatment of female urinary incontinence	T. Kunič
12.15	The use of energy-based devices in the treatment of UI	D. Lukanovič
12.30	Cognition and urinary continence	Z. Pirtošek
12.45	How can neurophysiology contribute to diagnosis and management of pelvic floor dysfunction?	M. Rotar
13.00	The role of interventional radiology in pelvic congestion syndrome	P. Popovič
13.15	How to interpret anorectal manometry	K. Novak
13.30	Light Lunch – Slovene Society Meeting	
14.00	Nociplastic pain	G. Požlep
14.15	The role of robotic surgery in treatment of vesico vaginal fistula	S. Hawlina
14.30	Robotic sacral rectopexy	G. Norčič
14.45	40 years of urogynecology in Slovenia	A. Lukanovič

#### 15.00 – 16.00 Physiotherapy Session

Chair: E. Sahin

15.00	Pelvic floor muscle training with biofeedback	D. Ščepanovič
15.15	Pelvic floor dysfunction, exercise, and sport	S. Schuster
15.30	The impact of dietotherapy on the outcome of UI treatment	B. Habe
15.45	The role of physiotherapy in the management of Overactive Bladder Syndrome (OAB)	E. Sahin

#### 16.00 – 17.00 Nursing Session

Chair: Anita Jelar

16.00	Is self-catheterization the optimal solution for quality life improvement?	A. Jelar
16.15	The role of wound ostomy continence nurse in fecal incontinence	T. Krišelj
16.30	The role of Nurse Continence Advisors	R. Neves
16.45	Panel Discussion: The Nursing role in PFD care in the Mediterranean	R. Neves, T. Krišelj

#### 17:00 – 18:30 SCIENTIFIC SESSION 1 – Functional Urology

Chair: E. Finazzi Agrò/ M. Mihelič

17.30	Urodynamics for male and female LUTS	E. Finazzi Agrò
17.45	OAB: how to investigate our patients	
18.00	Male LUTS, new mini-invasive surgical options	R. Lombardo
18.15	Artificial intelligence in functional urology	R. Lombardo
18.30	BOARD MEETING	

Day 2 - Friday, 27<sup>th</sup> September 2024

**08:30 - 09:30 ABSTRACTS SESSION 1**

**Chairs: M. Cervigni, S. Tosson**

- 08.30 1 Combined retropubic TVT and classical repair for correction of cystocele and stress urinary incontinence – Indications and limitations  
*Daša Krelj, Marijan Lužnik*
- 08.38 2 Vertical plication technique, a novel technique to decrease recurrence of cystocele post repair  
*Stuart Quek, Rami Atalla, Lauren Dear*
- 08.46 3 The Impact of Hysterectomy on Pelvic Floor, Sexual Functions, Quality of Life, Body Perception, and Genital-Self Image  
*Hande Donmez Koksali, Fulya Dokmeci, Elif Nazli Cetindag*
- 08.54 4 Uterine artery embolization for postpartum and postabortal hemorrhage: our outcomes  
*Polona Vihčelič, Nataša Kenda Šuster, Eva Skuk, Marina Jakimovska Stefanovska, Peter Popovič*
- 09.02 5 Clinical characteristics and sexual function in women with clinically nonsignificant pelvic organ prolapse complaining of vaginal laxity  
*Serife Esra Cetinkaya, Mehmet Murat Seval, Elif Nazli Cetindag, Bulut Varli, Fulya Dokmeci*
- 09.10 6 Practice and Experience of Obstetric Care Providers in the Management of Obstetric Anal Sphincter Injuries in Middle Eastern Countries.  
*Diaa Rizk*
- 09.18 7 "Vaginal Vault Dehiscence" - The Urogynaecologist approach  
*Safwat Tosson*
- 09.26 Discussion

**09.30 – 10.30 SCIENTIFIC SESSION 2 – Pelvic Organ Prolapse**

**Chair: F. Dokmeci/ T. Kunič**

- 09.30 Vaginal laxity: Reality or Myth? U. Bizjak Ogrinc
- 09.45 Genetics & Molecular Background of Vaginal Prolapse M. Serati
- 10.00 Evaluation of Pelvic Floor with Ultrasonography in Women; When, Why, How? I. Marton
- 10.15 How to prevent pelvic floor disorders in women? D. Rizk

**10:30 – 11.15 INVITED LECTURE**

**Vaginal surgery: a cultural and professional heritage not to be wasted - H. Clavé**

**Introduction: A. Lukanovič**

11:15 – 11.30 Coffee Break

**11.30 – 13.00 SPONSORED SESSION**

**12:15 – 13:15 SCIENTIFIC SESSION 3 – Female Urinary Incontinence**

**Chair: T. Grigoriadis/ M. Blaganje**

12.15	Microbiota & Bladder Disorders; how much should it be considered seriously?	E. Finazzi Agrò
12.30	Challenging & Controversial Disorder to Understand: Female mixed urinary incontinence	F. Dokmeci
12.45	What to do for recurrent UTI in female patients?	S. Bajramović
13.00	Biological and energy devices for SUI	S. Athanasiou
13.15	Artificial sphincter for female SUI	

13.30 – 14.30 LUNCH

**14.30 – 15.00 PANEL DISCUSSION**

Which is Your Preferred Minimally Invasive Approach for POP Repair?

Moderators: *M. Barbic, K. Drusany Staric*

Panelists: A. Lukanovič, F. Dokmeci, D. Rizk, M. Cervigni

**15.00 – 15.30 PANEL DISCUSSION**

What is your preferred surgical approach to treat SUI in women?

Moderators: *M. Barbic, K. Drusany Staric*

Panelists: E. Delorme, E. Finazzi Agrò, T. Grigoriades, S. Tosson

**15.30 – 16.30 ABSTRACTS SESSION 2**

Chairs: D. Rizk, D. Lukanovič

15.30	8	Urodynamic alterations in patients with multiple sclerosis and detrusor overactivity undergoing percutaneous posterior tibial nerve stimulation: a pilot study <i>Athanasios Zachariou, Vaia Sapouna, Athanasios Zikopoulos, Styliani Papakosta, Dimitrios Zachariou, Aris Kaltsas, Ioannis Giannakis, Tien Mai Ba Dung, Cam Hoang Nguyen Phuc, Nikolaos Sofikitis</i>
15.38	9	A randomized controlled trial on the efficacy of laser CO2 and mirabegron as co-therapy in the management of overactive bladder <i>Dimitrios Zacharakis, Konstantinos Kyriotis, Anastasia Prodromidou, Nikolaos Kathopoulos, Dimos Sioutis, Lina Michala, Stavros Athanasiou, Themis Grigoriadis</i>
15.46	10	Evaluation of the necessary time needed for bladder management in multiple sclerosis patients. <i>Athanasios Zachariou, Vaia Sapouna, Athanasios Zikopoulos, Styliani Papakosta, Dimitrios Zachariou, Aris Kaltsas, Ioannis Giannakis, Tien Mai Ba Dung, Cam Hoang Nguyen Phuc, Nikolaos Sofikitis</i>
15.54	11	Mini-review on historical progress of physiotherapeutic techniques for the management of urinary incontinence <i>Diamantis Floratos, Leonidas Floratos</i>
16.02	12	Bilateral hidronephrosis caused by giant rectosigmoid fecaloma <i>Alejandro Sousa, Maria Alvarez, Daniel Sousa, Maria Enma Rodriguez, Juan León</i>
16.10	13	Misuse of antibiotics in the treatment of RUTI in primary care and emergency departments <i>Alejandro Sousa, Maria Alvarez, Daniel Sousa, Maria Enma Rodriguez, Juan León</i>
16.18	14	Experience of vesicovaginal Fistula repair in last 2 decades at a high-volume tertiary centre in India <i>Apul Goel, Krishna Bhandari</i>
16.26		Discussion

16:30 – 17:00 Coffee Break

**17:00 – 18:00 SCIENTIFIC Session 4 Female Sexual Dysfunction**

Chair: *M. Cervigni / A. Štolfa*

17.00	Sexual dysfunction in women with PFDs	S. Salvatore
17.15	Coital Incontinence; The most irritating but unspoken complaint of women	E. Cetinkaya
17.30	Management Options for Genitourinary syndrome of the Menopause	A. Lukanovič
17.45	A 2024 update of vaginal rejuvenation	S. Jankovic

**18:00 – 19:00 SCIENTIFIC Session 5 Obstetric perineal trauma**

Chair: *D. Rizk/ K. Jakopič Maček*

18.00	Episiotomy: Friend or Foe?	K. Drusany Starič
18.15	Management of Obstetric anal sphincter injuries (OASIS): A Coloproctologist perspective	K. Borycka
<b>18.30 - 19.00</b>	<b>AGM</b>	
<b>21.00</b>	<b>MIPS DINNER</b>	

### Day 3 - Saturday, 28<sup>th</sup> September 2024

#### 08:30 – 09:30 SCIENTIFIC SESSION 6 Miscellaneous Chair: S. Tosson/ M. Jakimovska Stefanovska

08:30	Lifestyle and pelvic floor: impact of obesity & vigorous sports	T. Grigoriadis
08:45	Telemedicine and artificial intelligence for managing female pelvic floor disorders	D. Lukanovič
09:00	Vaginoplasty for transgender: Tips and Tricks	B. Deval
09:15	Surgical indications for perineal surgery during prolapse repair	E. Delorme

#### 09.30-10.30 ABSTRACT SESSION 3 Chair: T. Grigoriadis, F. Dokmeci

09.30	15 Management of Large Supra-trigonal Vesicovaginal Fistula- A Laparoscopic Modified O'Connor's Technique using limited Posterior Cystostomy with Rotational Bladder Flap – Our Experience <i>Harvinder Singh, Gunjeet Kaur, Ajay Pal, Manish Kumar Agrawal, Ishleen Pahwa</i>	
09.38	16 Standardisation of Autologous Fascial sling technique for female stress urinary incontinence <i>Rami Atalla, Charlotte Foley, Stuart Quek, Sarah Atalla</i>	
09.46	17 Determination of pelvic floor discomfort levels of women diagnosed with urinary incontinence <i>Rüveyda Ölmez Yalazi, Nurdan Demirci</i>	
09.54	18 The effect of physical activity on urinary incontinence in pregnancy: a systematic review <i>Rüveyda Ölmez Yalazi, Nurdan Demirci</i>	
10.02	19 Transvaginal repair of vesico-vaginal fistula: our technique <i>Apul Goel, Harvinder Singh Pahwa</i>	
10.10	20 Is the artificial sphincter the last solution in the treatment of SUI? <i>Miro Mihelic, R. Pantar</i>	
10.18	21 Do women wish to talk about sex <i>Joanna Ghigo</i>	
10.24	Discussion	

#### 10.30 – 11.30 SCIENTIFIC SESSION 7 Female Pelvic Floor Disorders in 2024 Chair: E. Delorme/ N. Kenda Šuster

10.30	Pelvic organ prolapse Surgery: Hysterectomy or Not?	M. Serati
10.45	Which is the best technique for Transvaginal Oophorectomy?	S. Salvatore
11.00	Pelvic Floor repair under local anesthesia	D. Zacharakis
11.15	The v-NOTES Approach	B. Venier

#### 11.30 COFFEE BREAK

#### 12.00 – 13.00 VIDEO ABSTRACT SESSION Chair: E. Delorme, E. Finazzi Agrò

#### 13.00 – 13.45 SCIENTIFIC SESSION 8 Chronic Pelvic Pain / Urogynaecological Surgery Chair: D. Rizk/ P. Popović

13.00	Bladder pain syndrome: An Update	M. Cervigni
13.15	Key steps for the management of Genito-pelvic Pain and Penetration Disorders	S. Salvatore
13.30	Enhanced Recovery After Surgery (ERAS) protocols in Urogynaecology	D. Atallah
13.45	How to avoid litigation in urogynaecology	S. Tosson

## **SCIENTIFIC COMMITTEE MIPS 2024 ANNUAL MEETING**

**Adolf Lukanovic, Kristina Drusany Staric, Fulya Dokmeci, Enrico Finazzi Agrò, Themis Grigoriadis, Dina Rizk**

### **FACULTY**

Stavros Athanasiou | Greece

David Atallah | Lebanon

Senad Bajramović | Bosnia

Matija Barbič | Slovenia

Urška Bizjak Ogrinc | Slovenia

Mija Blaganje | Slovenia

Katarzyna Borycka | Poland

Mauro Cervigni | Italy

Esra Cetinkaya | Turkey

Henryi Clavé | France

Emmanuel Delorme | France

Bruno Deval | France

Fulya Dokmeci | Turkey

Kristina Drusany Starič | Slovenia

Enrico Finazzi Agrò | Italy

Themis Grigoriadis | Greece

Bernarda Habe | Slovenia

Simon Hawlina | Slovenia

Marina Jakimovska | Slovenia

Katia Jakopič Maček | Slovenia

Svetlana Jankovic | Serbia

Anita Jelar | Slovenia

Nataša Kenda Šuster | Slovenia

Urška Kogovšek | Slovenia

Tadeja Krišelj | Slovenia

Tina Kunič | Slovenia

Riccardo Lombardo | Italy

Adolf Lukanovič | Slovenia

David, Lukanovič | Slovenia

Ingrid Marton | Croatia

Miro Mihelič | Slovenia

Raquel Neves | Portugal

Gregor Norčič | Slovenia

Katja Novak | Slovenia

Robert Pantar | Slovenia

Zvezdan Pirtošek | Slovenia

Peter Popović | Slovenia

Gorazd Požlep | Slovenia

Dina Rizk | Bahrain

Melita Rotar | Slovenia

Stefano Salvatore | Italy

Darja Ščepanović | Slovenia

Snježana Schuster | Croatia

Maurizio Serati | Italy

Emel Sahin | Turkey

Andreja Stofa | Slovenia

Safwat Tossou | Gibraltar

Barbara Venier | Slovenia

Dimitrios Zacharakis | Greece

## **UEMS/EACCME ACCREDITATION | CREDITS FOR EUROPEAN HEALTHCARE PROFESSIONALS**

**Event Reference Number:** LEE/2024/00898

The Scientific Programme of the IX MIPS Annual Congress, Ljubljana, Slovenia, 26 Sep – 28 Sep 2024 will be submitted to the European Accreditation Council for Continuing Medical Education (EACCME®).

### **ABSTRACT SESSIONS**

**Abstract submission 15 April – 31 May | [WWW.MIPSNET.ORG](http://WWW.MIPSNET.ORG)**

Presentation Methods:

Oral (Podium) presentation Video presentation Non-Discussed E-posters.

Abstract Agreement: If your abstract is accepted for either oral or poster session, you will be asked to accept the following conditions:

- Present the lecture in the session format assigned to you by the Scientific Committee
- Register for the conference and assume responsibility for your own registration, lodging and transportation, as well as providing a substitute presenter in case of absence.

## GENERAL INFORMATION

### Congress Venue

Cankarjev Dom - Prešernova Cesta, 10, Ljubljana, Slovenia

## REGISTRATION

Register online at [www.mipsnet.org](http://www.mipsnet.org) by 10 September 2024. After such deadline, registration will still be possible during the event, until reaching the maximum number of participants.

### Registration Fees\*

Category	MIPS MEMBERS		NON MEMBERS	
	By July 30 <sup>th</sup>	After July 30 <sup>th</sup>	By July 30 <sup>th</sup>	After July 30 <sup>th</sup>
Doctors	250,00 eur	300,00 eur	300,00 eur	350,00 eur
Nurses	150,00 eur	200,00 eur	200,00 eur	250,00 eur
Trainees **	100,00 eur	120,00 eur	120,00 eur	150,00 eur

\* Fee is intended per person, in Euros, VAT free. The registration fee includes access to scientific sessions, workshops, certificate of attendance, CME related forms, digital copy of the MIPS 2024 Abstract Book, CME credits after fulfilling the required actions for accreditation.

\*\* Requires letter from chair/supervisor with Registration Form.

## CANCELLATION POLICY

Registration fees are 50% refundable by 31<sup>st</sup> July 2024; any banking fees are not covered by refund policy. After 31<sup>st</sup> July 2024, no refund will be issued.

### MIPS OFFICE

T. +39.0523.338391 | [info@mipsnet.org](mailto:info@mipsnet.org) | [www.mipsnet.org](http://www.mipsnet.org)

## ORGANIZING SECRETARIAT AND CME PROVIDER

Defoe - Tel.: +39.02. 25563311 - [mips@defoe.it](mailto:mips@defoe.it) – [www.defoe.it](http://www.defoe.it)