

FINAL
PROGRAM

17-19
September
2015

ROME
Catholic
University

Meeting Chair
Mauro Cervigni



ESSIC

International Society for the Study of Interstitial Cystitis/Bladder Pain Syndrome

Gemelli



Fondazione Policlinico Universitario A. Gemelli
Università Cattolica del Sacro Cuore

ESSIC PRESIDENT MESSAGE



Dear Friends and Colleagues,
It is a real pleasure to meet all of you during this ESSIC Annual Meeting 2015 in Rome.
As many of you know, ESSIC was founded in 2004 and since then has promoted and developed the knowledge of the BPS/IC with researchers, clinicians and patient groups from around the world.

We can count now on an important network what creates better communication, increasing knowledge and first of all bears the possibility to get better understanding of underlying causes and their treatment for the benefit of patients.

This year the ESSIC annual meeting is a pivotal event for our Society: scientifically because it will draw up a first draft of a global proposal for guidelines on the main topics of BPS; administratively as new structures will be discussed for the next step in the functioning of our organisation; socially because it will bring us all together reinforcing friendship and mutual support to attain our goals.

Time has come to make a next evolution taking into account the wonderful work that has been done so far by ESSIC with its outstanding scientific meetings, its work in several international committees, its collaboration with industry and its wonderful textbook.

We count on all to step forward and engage to support this evolution. Rome, as city, represents many different things but is known overall by its charm, friendly hosts and "sweet life".

Nice to have you here!

Jean Jacques Wyndaele
ESSIC President

MEETING CHAIR MESSAGE



Dear Friends and Colleagues,
It gives me great pleasure and honour as Meeting Chair to invite you to the ESSIC Annual Meeting which will be taking place in Rome this year in September.

It will be an extraordinary opportunity to introduce so many renowned experts from all over the world, invited to focus on the hot topics of Bladder Pain Syndrome and to contribute to one of our Society's main

missions. The change in the nomenclature, as well as the creation of an important network involving international scientific associations, also outside Europe (US, Asia), are just an example of some of the important goals reached by the ESSIC group.

AUA, ICI and EAU proposed some Guidelines for Bladder Pain Syndrome to the scientific international community; however, this year ESSIC annual meeting has the ambitious goal to formulate an important delineation of international shared guidelines on BPS, which will be implemented by the specific algorithms in the near future.

I'm convinced that our Faculty will actively contribute to this mission and Rome will surely do its part.

Charm and pleasant atmosphere will not be missing!

Mauro Cervigni
ESSIC Meeting Chair

ESSIC Executive Committee

Jean-Jacques Wyndaele - President | Belgium
Mauro Cervigni - Vice President | Italy
Joop P van de Merwe - Treasurer | Netherlands
Jørgen Nordling - Past President | Denmark
Philip Hanno - Member | USA
Magnus Fall - Member | Sweden

Faculty

B. Adile | Italy
E. Bautrant | France
S. Campo | Italy
F. Cappellano | Italy
A. Carbone | Italy
M. Cervigni | Italy
M. Fall | Sweden
E. Finazzi Agrò | Italy
A. Gasbarrini | Italy
A. Giammò | Italy
A. Giannantoni | Italy
P. Hanno | USA
M. Inghilleri | Italy
C. Kabjorn-Gustafsson | Sweden
Y. Logadottir | Sweden
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J. Meijlink | Netherlands
L. Micheletti | Italy
R. Moldwin | USA
L. Nasta | Italy
J. Nordling | Denmark
E. Ostardo | Italy
K. M. Peters | USA
M. Porena | Italy
D. Porru | Italy
V. Ratner | USA
C. Riedl | Austria
D. Rizk | Bahrain
M. Rossi | Italy
D. Shoskes | USA
M. Spinelli | Italy
M. Tubaro | Italy
T. Ueda | Japan
J. van De Merwe | Netherlands
A. van Ophoven | Germany
K. Whitmore | USA
J. J. Wyndaele | Belgium
A. Zaitcev | Russia



ESSIC MEETINGS

2004	Copenhagen - Denmark	Jørgen Nordling
2005	Baden - Austria	Claus Riedl
2006	London - United Kingdom	John Osborn
2007	Münster - Germany	Arndt van Ophoven
2008	Rome - Italy	Mauro Cervigni
2009	Göteborg - Sweden	Magnus Fall
2010	Antwerp - Belgium	Jean-Jacques Wyndaele
2011	Moscow - Russia	Andrew Zaitcev
2012	Porto - Portugal	Paulo Dinis Oliveira
2013	Kyoto - Japan	Tomohiro Ueda
2014	Philadelphia - USA	Philip Hanno

17
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13.30 Registration

14.00 Welcome and Introduction

M. Cervigni, ESSIC Meeting Chair

G. Scambia, Director DPT of Women's Health and New Life, Catholic University

A.S. Wagg, ICS General Secretary

J.J. Wyndaele, ESSIC President

1st SESSION | Preliminary remarks and assessment - 1

Moderators: J. Nordling, M. Porena

14.30 Where are we today?

P. Hanno, J. Nordling

14.45 The complexity of Chronic Pelvic Pain

M. Fall

15.00 Why ESSIC uses the name BPS

J.P. van de Merwe

15.10 Q&A

2nd SESSION | Preliminary remarks and assessment - 2

Moderators: F. Cappellano, J.P. van de Merwe

15.25 MAPP Research Network

R. Moldwin

15.35 Phenotyping: how can you prove the value?

D. Shoskes

15.45 Q&A

16.00 Coffee Break

ABSTRACT SESSION ONE | Oral Communications

Moderators: A. Giannantoni, M. Spinelli, A. Zaitcev

16.30 1. Bladder Pain Syndrome as a peripheral sensory disorder

I. Offiah, E. Dilloughery, S. McMahon, B. O'Reilly

16.40 2. Bladder instillations with a combination of hyaluronic acid and chondroitin sulfate in Bladder Pain Syndrome patients: preliminary results of a 12 weeks administration schedule

L. Marzullo, L. Lorenzo Soriano, M. A. Bonillo Garcia, E. Martinez Cuenca,

S. Arlandis Guzman, E. Broseta Rico, F. Boronat Tormo

16.50 3. Intravesical instillation therapy in IC/BPS patients: a challenging new way with remarkable advantages

S. Lovasz

17.00 4. Hydrodistension plus botulinum toxin in bladder pain syndrome refractory to conservative treatments

L. Lorenzo Soriano, L. Marzullo Zucchet, M. A. Bonillo García, S. Arlandis Guzmán,

E. Martínez Cuenca, F. Boronat Tormo

17.10 5. BPS and histamine intolerance - a link ?

E. Heßdörfer

17.20 6. Repetitive Transcranial Magnetic Stimulation As Treatment Of Neuropathic Pain In Bladder Pain Syndrome: Preliminary Data

E. Onesti, M. Inghilleri, MC. Gori, A. Morciano, G. Tartaglia, L. Nasta, G. Scambia,

M. Cervigni

17.30 1st Day Closing

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3rd SESSION | Diagnosis - 1

Moderators: K. M. Peters, D. Porru

08.30 The "coating": a passive or an active element?

C. Riedl

08.50 The neurogenic component of BPS/IC

J.J. Wyndaele

09.05 The GI apparatus and its interferential role on the associated symptoms

A. Gasbarrini

09.20 BPS and Associated Rheumatic Conditions

J.P. van de Merwe

09.35 Pelvic floor: the posture and associated disorders

K. M. Peters, K. Whitmore

09.55 Q&A

4th SESSION | Diagnosis - 2

Moderators: S. Campo, E. Finazzi Agrò, C. Riedl

- 10.10 Pelvic endometriosis: a confusable disease
R. Marana
- 10.20 Vulvodynia: an isolated gynecologic condition or a possible consequence of BPS?
L. Micheletti
- 10.30 Pudendal neuropathy: a confusable disease
E. Bautrant
- 10.40 Female sexual dysfunction and sexual pain: an introduction
K. Whitmore
- 11.00 The emerging role of BPS in the male population
D. Shoskes
- 11.10 Q&A
- 11.30 Coffee Break

ABSTRACT SESSION TWO | Oral Communications

Moderators: A. Giammò, C. Kabjorn-Gustafsson, A. van Ophoven

- 12.00 7. Failings in Standardisation and Guidelines
J. M. Meijlink
- 12.10 8. The Effect of Apical Prolapse Repair on Bladder Pain
S. Shawer, A. Fisher, A. Khunda, G. Afridi, R. Nicholson, P. Ballard
- 12.20 9. Gastrointestinal symptoms, quality of life, and impact of nutritional therapy in women with Bladder Pain Syndrome/Interstitial Cystitis: similarities and differences with Irritable Bowel Syndrome
E. Gaetani, T. Musca, G. Camardese, D. Ferrarese, L. Nasta, G. Miggiano, A. Gasbarrini
- 12.30 10. Central Sensitization in Bladder Pain Syndrome
E. Onesti, M.C. Gori, M. Rossi, E. Gaetani, L. Nasta, G. Campagna, G. Scambia, M. Cervigni, M. Inghilleri
- 12.40 11. Who does the patient meet before the diagnosis of bladder pain syndrome?
M.C. Gori, E. Onesti, L. Nasta, A. Gasbarrini, E. Gaetani, G. Scambia, M. Inghilleri, M. Cervigni
- 12.50 12. Safety and Efficacy of AQX-1125 in Interstitial Cystitis/Bladder Pain Syndrome - Results of the Phase 2 Leadership Trial
J. Curtis Nickel, E. Davis, P. Tam, L. Mackenzie, H. Biagi, S. Shrewsbury
- 13.00 Q&A
- 13.15 Lunch

5th SESSION | Diagnosis - 3

Moderators: A. Carbone, M. Fall

- 14.15 The functional and neurophysiologic assessment
M. Cervigni, J.J. Wyndaele
- 14.30 Biomarkers: not yet ready for prime time
P. Hanno
- 14.40 Cysto-Hydrodistension: the way I do it - ESSIC proposal
T. Ueda, M. Fall
- 15.00 Is it possible to histologically diagnose Classic IC/Essic 3c Hunner's disease?
C. Kabjorn-Gustafsson
- 15.15 Q&A

MIPS LECTURE

Discussant: B. Adile

- 15.30 The incidence of BPS in the Mediterranean Area
D. Rizk
- 16.00 Annual General Meeting
- 17.00 2nd Day Closing

6th SESSION | Treatment - 1

Moderators: R. Moldwin, K. Whitmore

- 09.00 Pain control is mandatory
M. Rossi
- 09.15 The "coating" problem and its management
M. Cervigni
- 09.30 The mastocytosis: should it guide treatment?
E. Ostardo
- 09.40 Q&A

7th SESSION | Treatment - 2

Moderators: P. Hanno, A. Tubaro

- 09.50 Round Table
Focus on neuro-stimulation Sacral/Tibial/Deep Magnetic Brain
M. Spinelli, M. Inghilleri, F. Cappellano, K.M. Peters
- 10.30 Round Table
New intravesical options for BPS/IC patients
J.J. Wyndaele, A. Zaitcev, A. Giannantoni
- 11.10 Q&A
- 11.30 Coffee Break

8th SESSION | Treatment - 3

Moderators: Y. Logadottir, T. Ueda

- 12.00 The management of Hunner lesions
Y. Logadottir
- 12.10 Hyperbaric Oxygen Treatment
A. van Ophoven
- 12.20 The role of surgery
J. Nordling
- 12.30 Q&A

9th SESSION | Debate. Patients Organizations

Moderators: M. Cervigni, J. J. Wyndaele

- 12.40 The Interstitial Cystitis Association of America:
Lessons Learned Over the Past 30 Years
V. Ratner
- 12.55 Patients in Standardisation
J. Meijlink
- 13.10 The Disability and Welfare Reimbursement
L. Nasta
- 13.25 An international registry for BPS: a future option or an utopia?
J. P. van de Merwe
- 13.35 Q&A
- 13.55 ESSIC management of BPS Patients
J. Nordling, P. Hanno
- 14.15 Conclusions
J.J. Wyndaele, M. Cervigni
- 14.30 3rd Day Closing

POSTERS

13. Mast Cell Distribution in Painful Bladder Syndrome/Interstitial Cystitis

S. Malik

14. Bilateral Sacral Neuromodulation in Refractory Interstitial Cystitis/Bladder Pain Syndrome

N. Shah, M. D. Atchley, N. Ginzburg, D. Morrissey, K. Whitmore

15. Robot-assisted supratrigonal cystectomy with augmentation ileocystoplasty for the treatment of refractory bladder pain syndrome with Hunner's lesions: preliminary results.

I. Semenyakin, A. Zaitcev, R. Pogossyan

16. Podoplanin (D2-40) is a Reliable Marker of Urinary Bladder Myofibroblasts (Telocytes)

Z. Valova, L. Zamecnik, C. Povysil, T. Hanus

17. Laparoscopic cystectomy and ileocaecal neobladder replacement for IC/BPS

F. Pa, G. Castelluzzo, P. P. Vergineo, P. Ferravante

GENERAL INFORMATION

COURSE VENUE

University Center "Giovanni XXIII" - Lazzati Room
Catholic University - A. Gemelli
Largo Francesco Vito, 1 - 00168 Rome

UEMS & ITALIAN CME | TOTAL HOURS: 11 h

ITALIAN CME Credits: 8,3

UEMS Credits: 10

This course is accredited for 150 participants.

Credits applications available for Physicians, Gynecologists, Urologists, Surgeons, Neurologists, Gastroenterologists, Anesthetists, Nurses and Obstetrics interested in the management of BPS.

Italian CME credits assignment is subordinate to the attendance of the event, to the return of the event evaluation form, and to the positive outcome of the final evaluation test, for which each participant shall answer properly 75% of the proposed questions.

REGISTRATION

Send registration form to the organizing secretariat together with the receipt of payment, made before 1st September 2015. After this date, registration will still be possible during the event, until reaching the number of CME and UEMS participants.

REGISTRATION FEE	Until 31 July 2015	After 31 July 2015
MD, MHD	350 €	450 €
MD, MHD (ESSIC MEMBERS)	300 €	400 €
NURSE & CARE WORKERS	200 €	300 €
NURSE & CARE WORKERS (ESSIC MEMBER)	150 €	250 €
STUDENTS & RESIDENTS	150 €	250 €
PATIENTS	50 €	50 €

Fee is meant for each person, in Euros, VAT free. The registration fee includes: certificate of attendance, CME/UEMS related forms, coffee breaks and lunch, free entrance to the exhibition area.

HOTELS

For hotel reservations please contact the organizing secretariat by email at essic@defoe.it.

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