

## Scientific Programme



# ESSIC 2018

**Bladder Pain Syndrome/Interstitial Cystitis:  
Rare or not rare? This is the question**

Florence 29 Nov - 1 Dec

Meeting Chair | Giulio Del Popolo  
ESSIC Coordinator | Mauro Cervigni



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## Meeting Chair

Giulio Del Popolo

## ESSIC Coordinator

Mauro Cervigni

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## Welcome Message

Dear friends

The ESSIC annual meeting will take place this year in Florence Italy from 29 November till December 1.

Prof G Del Popolo and his team have put together a very interesting program with eminent speakers and ample time for discussion and questioning.

I hope that all of you will join us for what promises to be an excellent event.

Bring your partner and friends as Florence is well known for its art, charm and good food.

BPS/IC remains a challenging clinical entity. But through the cooperation inside ESSIC and the good friendship with major interested colleagues around the world there is progress in the knowledge of the pathophysiology, the clinical symptoms and signs, the typing and the respective optimal treatments and follow-up

Your interest and experience will again bring extra weapons to step further in the direction of understanding what BPS/IC means and what can be done about it

Best regards

Jean Jacques Wyndaele ESSIC President

29 Nov. 18

12.00 Registration  
12.50 Welcome Address  
J.J. Wyndaele, G. Del Popolo, M. Cervigni

1st SESSION | Gender medicine: different treatment for same pain or same treatment for different pain? CME

Chairs: J.J. Wyndaele, G. Del Popolo

13.00 Prostatitis and quality of sexual life  
13.20 Female pain during intercourse  
13.40 Discussion

R. Moldwin  
A. Graziottin

14.00 Highlight of Kyoto Meeting

R. Taneja

2nd SESSION | Round Table Bladder Pain Syndrome/Interstitial Cystitis : Rare or not rare ? That is the question CME

Chairs: L. Birder, E. Finazzi Agrò

14.15 Epidemiology and importance of typology  
14.35 Incidence and Prevalence around the world: North America, Asia, Europe  
15.00 The ERN project and eUROGEN  
15.30 Rare Disease and ERN  
15.45 Why is so much treatment not being reimbursed?  
16.05 Discussion

P. Hanno  
C. Riedl  
M. Fisch, M. Cervigni  
L. Nasta  
J. Meijlink

Non CME lecture

16.30 IBSA LECTURE  
Real-life challenges in treating IC/BPS patients: the Dutch case

E. Arendsen

17.00 Coffee Break

3rd SESSION | Guideline of Guidelines CME

Chairs: R. Taneja, R. Moldwin

17.30 Introduction to guidelines  
17.45 Round Table | J. Nordling, M. Cervigni, G. Del Popolo, P. Hanno  
18.30 Specific biomarkers in CPP and link with inflammation

J.J. Wyndaele  
L. Birder

30 Nov. 18

#### 4th SESSION | Round Table | BPS/IC and infection CME

Chairs: A. Gasbarrini, M. Soligo

- 09.00 Microbiota and the bladder
- 09.15 Microbiota and the gut
- 09.30 UTI in BPS/IC pats? Can coexist?

#### 5th SESSION | Round Table | BPS/IC and neighbours CME

Chairs: E. Ostardo, G. Lamberti

- 09.45 What do we know of bladder/bowel interactions in sickness and in health
- 10.00 IBS and IBD and its relations
- 10.15 The Hypertonic Pelvic floor
- 10.30 The prostate and CPPPS
- 10.45 Fibromyalgia and Chronic Fatigue Sjiogren
- 11.00 Keynote Lecture | Introduction: Mauro Cervigni  
Innovative Approach to improve bioavailability and Tolerability of Pentosan Polysulfate
- 11.15 Coffee Break

#### 6th SESSION | Round Table Diagnosis & Assessment CME

Chairs: M. Cervigni, V. Li Marzi

- 11.45 Questionnaires and other tools
- 12.05 Simple Cystoscopy limits and advantages
- 12.25 Is cystoscopy under anesthesia always necessary?
- 12.45 Bladder wall biopsy and the role of Mast Cell
- 13.00 Discussion
- 13.15 Lunch

M. Soligo  
A. Gasbarrini  
D. Porru

J.J. Wyndaele  
E. Gaetani  
A. Padoa  
A. Giammò  
M. Lizzio

R. Bettini

J. Quaghebeur  
A. Zaitcev  
M. Fall  
Y. Logadottir

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## 7th SESSION | Endometriosis

CME

Chair: F. Petraglia, A. Giammò

- 14.00 Endometriosis and chronic pain
- 14.15 Clinical approach and medical therapy
- 14.30 Mininvasive surgical procedure in challenging cases
- 14.45 Discussion

E. Zupi  
F. Petraglia  
A. Minervini

## 8th SESSION | Pain and BPS/IC

CME

Chairs: G. Del Popolo, J. Nordling

- 15.00 Acute vs chronic and its management
- 15.15 Central sensitization
- 15.30 Role of Neurodulation
- 15.45 Role of BTX
- 16.00 Discussion
- 16.15 Coffee Break

M. Rossi  
M. C. Gori  
S. Musco  
R. Pinto

## 9th SESSION | Free Communications

CME

Chairs: C. Riedl, A. Zaitcev

- 16.45 1 INTRATRIGONAL BOTULINUM TOXIN -A IN REFRACTORY PATIENTS OF PAINFUL BLADDER SYNDROME /ICL.  
Shimpi Rajendra Kashinath
- 16.53 2 COMBINED N-OF-1 TRIAL DESIGN. OBTAINING LEVEL 1 CLINICAL EVIDENCE FOR BPS USING A FEASIBLE STUDY METHODOLOGY.  
D. AW Janssen
- 17.01 3 BLADDER DESENSITIZATION WITH SODIUM HYALURONATE/LIDOCAINE "ON-DEMAND" SELF-INSTILLATIONS.  
Y. Mirkin, A. Karapetyan
- 17.09 4 INTERSTITIAL CYSTITIS INDIA- A NEW HORIZON  
B. Basu
- 17.17 5 GASTROINTESTINAL SYMPTOMS IN A POPULATION AFFECTED BY INTERSTITIAL CYSTITIS/BLADDER PAIN SYNDROME (IC/BPS): FROM IRRITABLE BOWEL SYNDROME (IBS) TO NARCOTIC BOWEL SYNDROME (NBS)  
E. Gaetani, F. Lopalco, M. Cervigni, A. Gasbarrini
- 17.25 6 THERAPEUTIC RELEVANCE OF BODY MASS INDEX (BMI) CONTROL IN A POPULATION AFFECTED BY IRRITABLE BOWEL SYNDROME/BLADDER PAIN SYNDROME (IBS/BPS)  
F. Lopalco, E. Gaetani, M. Cervigni, A. Gasbarrini
- 17.33 7 A NOVEL AIDING DEVICE FOR SELF-INSTILLATION AND SELF-CATHETERIZATION FOR FEMALE PATIENTS WITH INTERSTITIAL CYSTITIS AND/OR URINE RETENTION  
S. Lovász, B. Kenyeres, A. Szántó, M. Nagy, F. Tóth
- 17.41 8 OUTCOME OF CLINICAL PHENOTYPING LINKED TREATMENT STRATEGIES IN PATIENTS WITH BLADDER PAIN SYNDROME IN A TERTIARY CARE CENTRE.  
R. Taneja

18.00-18.30 AGM Meeting



1 Dec.18

• 10th SESSION | Interactive Sessions

Chairs: J.J. Wyndaele, M. Cervigni

- 09.00 Phenotyping
- 09.15 BPS/IC: rare disease or not?
- 09.30 Diet and PBS/IC
- 09.45 Psychology and sex in BPS/IC
- 10.00 New treatments in the Horizon?
- 10.15 Case presentation and discussion
- 10.30 What should ESSIC be developing in the following years?
- 10.45 Open discussion to all participants

CME



P. Hanno, M. Fall  
M. Fisch, L. Nasta  
R. Moldwin, J. Meijlink  
M. Mazza, M. C. Gori  
E. Ostardo  
R. Taneja  
J.J Wyndaele, M. Cervigni

## Faculty

Lori Birder, USA  
Ruggero Bettini, Italy  
Mauro Cervigni, Italy  
Giulio Del Popolo, Italy  
Magnus Fall, Sweden  
Enrico Finazzi Agrò, Italy  
Margit Fisch, Germany  
Eleonora Gaetani, Italy  
Antonio Gasbarrini, Italy  
Alessandro Giammò, Italy

Maria Cristina Gori, Italy  
Alessandra Graziottin, Italy  
Philip Hanno, USA  
Gianfranco Lamberti, Italy  
Vincenzo Li Marzi, Italy  
Marco Maria Lizzio, Italy  
Yr Logadottir, Sweden  
Monica Mazza, Italy  
Jane Meijlink, The Netherlands  
Andrea Minervini, Italy

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Stefania Musco, Italy  
Loredana Nasta, Italy  
Jørgen Nordling, Denmark  
Edoardo Ostardo, Italy  
Anna Padoa, Israel  
Felice Petraglia, Italy  
Rui Pinto, Portugal  
Daniele Porru, Italy  
Jorgun Quaghebeur, Belgium

Claus Riedl, Austria  
Marco Rossi, Italy  
Marco Soligo, Italy  
Rajesh Taneja, India  
Jean Jeacques Wyndaele, Belgium  
Andrew Zaitcev, Russia  
Errico Zupi, Italy



## ITALIAN CME ACCREDITATION

Italian CME Code: 242664 Credits awarded: 13 Educational hours: 13

The Meeting has been accredited for 100 participants by the Italian Health Ministry; CME credits are available for specialists in Urology, Gynecology and Obstetrics, General Surgery, Neurology, Internal Medicine, Gastroenterology, Radiodiagnostics, Anesthesiology, Nurses, Midwives, Physiotherapists. To obtain Italian CME credits valid for Italian Health Ministry, participants need to attend 90% of scientific sessions by having their attendance verified (having personal badges scanned) and pass the evaluation test after the event (75% of correct answers is the minimum passing score).

## UEMS CME

The Meeting has been granted up to 13 European CME credits (ECMEC®s) by the European Accreditation Council for Continuing Medical Education (EACCME®). UEMS credits available for Gynaecologists, Urologists, Surgeons, Neurologists, Psychiatrists, Nurses, Midwives and Physiotherapists.

## registration costs

### Until 30 October

Physicians €270,00  
MD, MhD (ESSIC Member) € 200,00  
Nurse & Care Workers € 100,00  
Students, Residents € 75,00  
Patients € 50,00

### On Site

Physicians €350,00  
MD, MhD (ESSIC Members) € 200,00  
Nurse & Care Workers € 120,00  
Students, Residents € 75,00  
Patients € 50,00

Fees are meant per person, in Euros, VAT free. The registration fee includes: certificate of attendance, CME forms, coffee breaks and lunch, free entrance to the exhibition area.

## congress venue

Auditorium al Duomo  
Via de' Cerretani, 54/R - 50123 Florence



[www.essic.eu](http://www.essic.eu)  
[www.essicmeeting.eu](http://www.essicmeeting.eu)



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