

5TH MONTESCANO EFIC SCHOOL IN: NEUROLOGICAL DIAGNOSIS IN CHRONIC PAIN

“Clinical and instrumental processes”
30th September – 3rd October 2013

Aim

Many specialists from different countries and a variety of branches of medicine are increasingly involved in Pain Medicine. This is certainly a boost to cultural richness. However, this creates a point of weakness in the lack of uniformity of clinical approaches to the patient and in the different uses of the various available diagnostic tools. The Montescano School will help pain clinicians to refine their clinical neurological approach and to improve their ability to interpret instrumental and laboratory findings. For the many who do not work in a multidisciplinary team or who rely on external support, the School will also provide the skills for a better understanding of the various diagnostic tests.

Faculty

Marijana Braš
Roberto Caporali
Roberto Casale
Andrei Danilov
Giuseppe De Benedittis
Anthony Dickenson
Maria Adele Giamberardino
Magdi Hanna
Per Hansson
Hans-Georg Kress
Rudolf Likar

Scientific Programme

MONDAY, 30th September

FROM 8:00 TO 13.00

08:00 – 08:30 Opening Message from EFIC President

- o EFIC initiatives
- o Presentation of the EYAP 2012-2013 theme

Hans Georg Kress

The Clinical approach

In outpatient practice it is important to make a first essential screening (neuropathic, nociceptive, mixed pain). The aim of this section is to give a quick reference flow chart for clinicians mainly working in outpatient clinics.

08:30 – 10:00 **The interview: the importance of the first interview and of the patient/doctor interaction**

Marijana Braš

10:00 – 11:00 **Questionnaires, diaries and cartography of pain**

- o Easy and fast recordings of the clinical picture (analogic, semantic, numerical etc)
- o Complex pain questionnaires and specific, disease-oriented questionnaires
- o Quality of life, ADL; Motor impairment
- o Pain drawing and pain mapping. Where the signs and symptoms are perceived and found

Roberto Casale

FROM 11.00 TO 11:30

Coffee break

FROM 11.30 TO 13:00

11:30 – 13:00 The clinical examination of the skin sensory system

Per Hansson

Description of the minimum instrument set needed and how to use it (hammer, tuning fork, Von Frey hairs, heat and cold, dermatographic pencil) in the evaluation of sensory signs and symptoms referred to the skin

- o Mechanical static, dynamic, deep somatic
- o Mechanical pinprick
- o Thermal (heat & cold)

FROM 13:00 TO 14:00

Lunch break

FROM 14:00 TO 18:00

Polling Session : Use of diagnostic work-up algorithm for clinical diagnosis in chronic pain.

Afternoon Practical training

Participants will carry out exercises applying what they have learned in the morning lessons through workshops composed of small groups, interactive sessions, role playing and multimedia simulations.

TUESDAY, 1st October

FROM 8:00 TO 13.00

08:30 – 09:30 The clinical examination of the chronic neuropathic pain patient.

Per Hansson

Some pivotal hints.

- o Quantitative sensory testing

09:30 – 11:00 The clinical examination of muscle and visceral pain

Maria Adele Giamberardino

Diagnosis and differential diagnosis of different forms of primary and secondary muscle pain, and of different visceral pain phenomena (true visceral pain, referred pain with and without hyperalgesia, visceral hyperalgesia, viscerovisceral hyperalgesia)

- o Clinical procedures
- o Instrumental procedures

FROM 11.00 TO 11:30

Coffee break

FROM 11.30 TO 13:00

11:30 – 12:00 Translation of symptoms into pain mechanisms: a dictionary

Anthony Dickenson

The lecture will cover the peripheral, spinal and supraspinal mechanisms of pain as evidenced from preclinical studies but in the context translation to patients. Allodynia, hyperalgesia, ongoing pain will be covered.

- o Neuropathic, inflammatory and visceral pain mechanisms
- o Peripheral and central sensitization – what these may mean in terms of signs and symptoms.
- o Can the actions of drugs aid us in terms of understanding pain mechanisms?

12:00 – 12:30 The motor impairment in chronic neuropathic pain

Roberto Casale

- o Voluntary, autonomic
- o Peripheral, central

12:30 – 13:00 Pain Tournament or Europe against Pain – The First Challenge

A tournament will be organized between participants to verify the level of knowledge acquired after this session. The tournament consists of simulated cases within a range of pain topics from those most frequently seen in the outpatient setting. The aim is to make this an educational exercise while introducing the fun of a competition.

FROM 13:00 TO 14:00

Lunch break

FROM 14:00 TO 18:00

Polling Session: Use of diagnostic work-up algorithm for clinical diagnosis in chronic pain.

Afternoon Practical training

Participants will carry out exercises applying what they have learned in the morning lessons through workshops composed of small groups, interactive sessions, role playing and multimedia simulations.

WEDNESDAY, 2nd October

FROM 8:00 TO 13.00

Diagnostic procedures

What to ask for and how to interpret it.

08:00 – 09:00 Laboratory (blood samples for inflammatory markers, etc.)

Roberto Caporali

09:00 – 11:00 Routine and special neurophysiology testing (clinical indications and limitations)

Andrei Danilov

- o Quantitative sensory testing (thermal; vibratory)
- o Neurovegetative tests (non-invasive)
 - Sudomotor studies (SSR; QSART Quantitative sudomotor axon reflex test)
 - Vasomotor studies (photoplethysmography; laser Doppler)
 - Skin temperature (thermography)
 - R-R variability (Valsalva manoeuvre, tilt test)
- o Microneurography
- o Evoked potentials (LASER, dermatomeric, SSEP)
- o Reflex responses (blink, RaIII)
- o Brain mapping

FROM 11.00 TO 11:30

Coffee break

FROM 11.30 TO 13:00

11:30 – 13:00 Indications and limits of poorly invasive diagnostic procedures

Magdi Hanna

- o Peripheral nerve blockade
- o Electrostimulation (SCS, PNS, etc.)
- o Bier's blockade with different compounds
- o Systemic lidocaine test
- o Pharmacological tests

FROM 13:00 TO 14:00

Lunch break

FROM 14:00 TO 18:00

Polling Session: Use of diagnostic work-up algorithm for inpatient clinical diagnosis in the multidisciplinary approach of the highly complex patient's chronic pain.

Afternoon Practical training

Participants will carry out exercises applying what they have learned in the morning lessons through workshops composed of small groups, interactive sessions, role playing and multimedia simulations.

THURSDAY, 3rd October

FROM 8:00 TO 13:00

08:00 – 11:00 The inpatient: difficult diagnosis and difficult patients

Giuseppe Debeneditis

A patient is referred to a pain clinic mainly for further investigations, confirmation of the diagnostic hypothesis or to start a given treatment. Quite often they can be defined as “difficult patients”. In this setting the clinical and diagnostic tools should be used to define the type of pain precisely and determine the possible sites of action of the therapeutic options.

- o The multidisciplinary approach and the critical revision of the highly complex patient’s history
- o Chronic pain and the psychological profile of the difficult patient
- o The neuro-psycho-social model

FROM 11.00 TO 11:30

Coffee break

FROM 11.30 TO 13:00

11:30 – 12:30 Neuropathic or Nociceptive. From diagnosis to treatments.

Reinhard Sittl

The EFIC Schools of Montescano and Klagenfurt

12:30 – 13:00 Pain Tournament or Europe against Pain – The Final Challenge.

The “losers” of the First Challenge will have a second chance to tackle more complex and challenging cases of chronic pain. As for the First Challenge, the tournament will consist of simulated cases within a range of highly complex pain topics. The aim is always to make this an educational exercise but with the excitement of a competition.

FROM 13:00 TO 14:00

Lunch break

FROM 14:00 TO 16:00

Learning questionnaires: In this setting, the clinical and diagnostic tools learned during the School will be discussed and compared, with teachers, in relation to real clinical cases.

General information

Contacts: School’s Director: roberto.casale@fsm.it
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More details at: www.montescanoschool.eu
www.e_c.org

ECM and EACME credits requested.

School Venue

The School will take place at
Montescano Rehabilitation Centre,
Institute for Research and Care (IRCCS)
“Salvatore Maugeri” Foundation
Via per Montescano - 27045 Montescano (Italy)